

NCEJ

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A stylized illustration on a blue background. In the center is a large, golden-brown gavel. To its left are a pair of silver handcuffs. Behind the gavel and handcuffs are several green banknotes with dollar signs. The entire scene is set against a bright blue background with some white and yellow streaks radiating from the central elements.

THE REPORTS ARE IN

The 2019-2020 Civil Grand
Jury weighs in on the Lawson
investigation, county
efforts to protect its most
vulnerable charges

**BY THADEUS
GREENSON**

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- 15 Pandemic produce

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Getting Blackberries

Picking blackberries
a lovely form of Zen practice
the ones you see first – bright red –
are not the ones you want
their black edible sisters hide modestly
among the thorns and leaves.

Pick too fast and you crush the berry
pick too fast and you stab your fingers
grab the berry just right
it will come to you
it was designed to be eaten.

Your fingers should weave among the
thorny stems
like weaving a basket

— Elaine Weinreb

On the Cover
Illustration by Dave Brown



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NCJ

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NCJ MAILBOX

'Responsibility'

Editor:

So, help me understand ... the White House can coordinate a national strategy to counteract protests, most of which are peaceful, but refuses to take any responsibility for coordinating a national strategy to handle the pandemic which is causing so many deaths and suffering? (Mailbox, July 23.)

Please, explain that to me.

Rita Carole, McKinleyville

Burning Down the House

Editor:

After months of denial, President Trump has finally confessed that COVID-19 is for real. He has admitted publicly that "the pandemic will get worse before it gets better."

This newfound concern contradicts very recent claims of his such as 99 percent of the cases are "totally harmless" and the virus will "just disappear."

Further, he suddenly declares that wearing a mask is "patriotic." This from a man who previously refused to be seen wearing a mask in public even when required. In fact, he mocked others, such as reporters and Democratic presidential candidate Joe Biden, for doing so.

Why the about face? It's not from a sense of guilt or an admission of prior mistakes (Mailbox, July 23).

Rather, Trump recognizes that the easing of restrictions he had previously championed have now led to a resurgence of the virus. His poll numbers are falling due to public opinion that his pandemic response has been poor so far. And businesses are closing again, which will weaken the economic recovery that he sees key to his re-election.

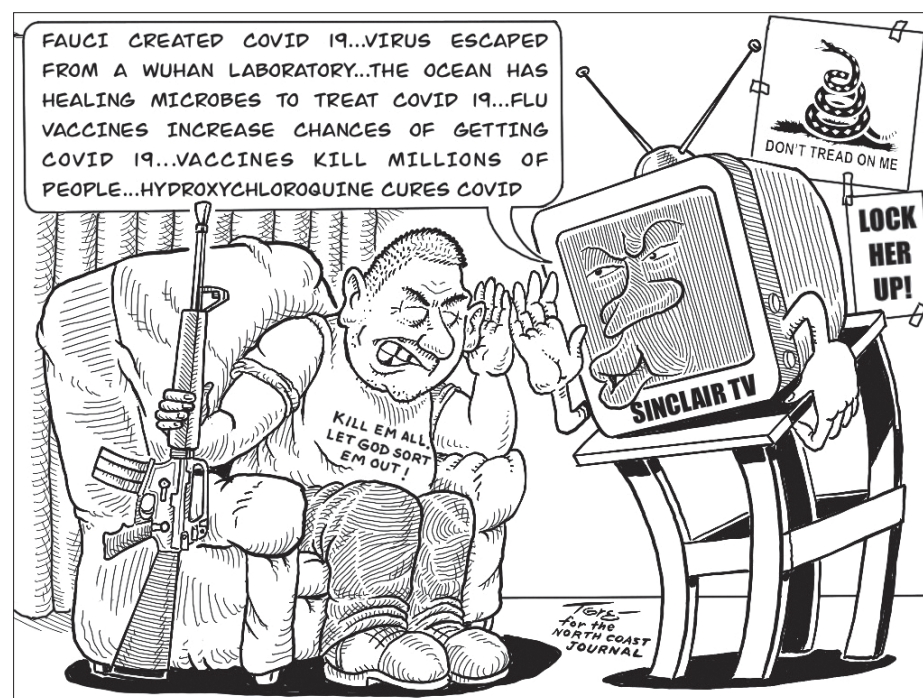
So before you congratulate Trump on seeing the light, think again. He's still not concerned about you and me, he's only doing it to get re-elected. Giving him praise now would be like thanking a child for giving up playing with matches after he's already set the house on fire.

Sherman Schapiro, Eureka

Stop Virtue Signaling

Editor:

I scratched my head at this new moniker for Latin peoples, so I did some research. Incidentally, my wife has an undergraduate degree in English (Washington University, St. Louis — the 'Harvard' of the Midwest) and a masters in education from Temple University Philadelphia — also a



Terry Torgerson

very good school. In other words, equal, at least, in the English regimen to anybody on your staff. She scratched her head also.

"If they want to use a gender neutral word ... uh, how about Latin?"

"Well my dear, that doesn't virtue signal," says I. OK, well what do *actual* people of Latin descent think?

"We presented our respondents with seven of the most common terms used to describe Latinos and asked them to select the one that best describes them. When it came to 'Latinx,' there was near unanimity. Despite its usage by academics and cultural influencers, 98 percent of Latinos prefer other terms to describe their ethnicity. Only 2 percent of our respondents said the label accurately describes them, making it the least popular ethnic label among Latinos." Here is the article gleaned from a "Progressive Latino Pollster." Please read or at least skim it: www.medium.com/@ThinkNowTweets/progressive-latino-pollster-trust-me-latinos-do-not-identify-with-latinx-63229adebcea.

I guess it's kind of like the he/she pronouns that I have yet to see a single contributor to the NCJ use — I would think the one in a 100 could just be identified by their preferred pronoun rather than the virtue signaling thing. It's not going to make me throw away my NCJ ... but you guys are trying awfully hard to be hipper than thou. No worries, though, that you are using a term to describe the largest expanding ethnic minority in the entire U.S. that *they have rejected for use to describe themselves*.

I do take some solace in the fact that my wife's masters degree wasn't wasted. It

really is a bogus, made up term by white folks in a valiant attempt to be progressive. Near unanimity, eh? Still enjoy the NCJ, and it has an excellent editor ... but dang ... cultural influencers ... that's the NCJ I guess.

John Dillon, Eureka

'Privilege on Display'

Editor:

In your lead article in the July 23 issue ("A Walk Around the County"), the writer complains of no longer having face-to-face yoga, lack of access to a gym and only shopping once a week at the North Coast Co-op. He and his wife are experiencing "mental stress," "cabin fever," weight gain and having to hike the same trails in the Arcata Community Forest.

Many people in Humboldt County are worried about paying rent and where the next meal comes from.

This article is highly offensive. Making it your front page story puts NCJ's stamp of approval on it.

White privilege on display on the front page.

Bill Stiles, Ettersburg

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The deadline to have a letter considered for the upcoming edition is 10 a.m. Monday.

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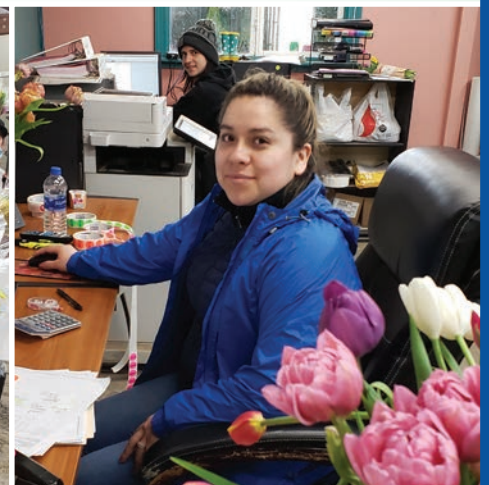
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Rough Road

Pandemic brings safety, economic concerns for local bus lines that take essential workers to work

By Thadeus Greenson/Community Voices Coalition

thad@northcoastjournal.com

When shelter in place became the law of the land in Humboldt County back in mid-March, shuttering much of the local economy and sending most people home, a swath of businesses were deemed “essential” and allowed to keep operating. These included grocery and hardware stores, auto mechanics, pharmacies and takeout restaurants.

The exemption also extended to the Humboldt Transit Authority, which oversees the eight county bus routes that combine to get a lot of essential employees — especially those filling minimum wage jobs in the service sector — to work. There was just one catch, according to HTA General Manager Greg Pratt: The authority could not find personal protective equipment for its drivers.

“We had zero PPE,” he said. “At that point, you couldn’t find a mask.”

So HTA got creative, using reams of clear plastic to completely seal off the very front of its buses, including the driver’s areas, from the rest, creating a safety bubble from which the driver could operate the bus without fear of infection. This meant riders could only on- and off-load from the back of the bus, so HTA temporarily waved its fees, recognizing people needed to get to work.

“If you’re working in an essential service and need to get to a job, we wanted to get you there,” Pratt says.

Over time, however, that approach changed, as HTA was able to acquire PPE to outfit its drivers and some passengers began taking advantage of the free rides to escape the elements for a few hours and maybe take a nap. On May 18, HTA resumed charging fares in a step toward normalcy. Two months later, though, things remain anything but, as concerns have shifted to passenger safety and the long-term viability of the authority’s routes amid a pandemic that shows no signs of letting up in the near future.

How this plays out could have reverberating impacts throughout Humboldt County, where about 20 percent of households live in poverty, making less than \$21,720 for a family of three, spread across thousands of miles of rural terrain, and three percent of households report not owning a car. And that’s to say nothing of the service HTA provides Humboldt County’s homeless residents, many of whom have to travel long distances to access medical care and social services.

Through myriad recommendations about avoiding COVID-19, public health officials have hit a recurring theme: Avoid enclosed spaces with people from multiple households. Buses, like most public transit, fit the description.

Keenly aware of the risks posed by COVID-19, Richard Mouser said he’d had been camping near Redcrest earlier this month when he decided to hop a bus into Eureka to do some shopping and take care of a few things. He said he was pleased when boarding the bus to find the driver, sitting behind a small Plexiglas shield and wearing a mask. But his feelings quickly shifted when the bus started moving and the driver pulled the mask from his nose and mouth.

“I saw him drop the mask and I sat down and stewed for about an hour. ... Then the driver cracks his window and he’s got fresh air coming at him, blowing his air at us,” Mouser said, adding that he decided to confront the driver about it once the bus stopped at his final destination. “I said, ‘Young man, I’m in my 60s and if you value your job as much as I value my life, please don’t let me see you again without that mask on.’ Then he started (verbally) coming at me. His point was that he had permission to take that mask off.”

And it turns out, the driver did have permission, as Mouser would find when he contacted Pratt and HTA.

Pratt told the *Journal* some of HTA’s drivers who wear eyeglasses had complained about masks making them fog

up, causing visibility problems and safety concerns.

"The drivers who wear glasses, we're not requiring them to wear a mask while driving," he said. "They have to wear them when boarding or offloading passengers. But when you're driving eight, nine hours a day, it only takes one time for something to happen. If you can't safely do your job with a mask, there's certain precautions that need to be taken."

But Pratt said no passengers are allowed to sit within 7 feet of the driver, so physical distancing is maintained during any periods when the driver isn't masked. Pratt said HTA is taking other safety precautions, too, requiring passengers to be masked at all times, installing hand sanitizer dispensers in the front and backs of busses, and cleaning them thoroughly — including by "fogging" them with an Environmental Protection Agency approved cleaning solution — every night. He said staff tried using caution tape to close some seating rows to maintain physical distancing but passengers ripped it down, prompting staff to just put up signs instead. Those, Pratt said, seem to be working.

"I don't know why the caution tape didn't work — it might just be a, 'You can't tell me what to do' kind of thing," he said.

Asked about the prospect of drivers dropping their facial coverings while buses are on the move and dozens and dozens of people board and offload throughout the day, Humboldt County Health Officer Teresa Frankovich said she'd simply like to see everyone wearing facial coverings.

"I would say I want both drivers to be protected and the people around them to be protected," she said. "I think it's important that everyone wear a facial covering as much as possible. Obviously, we want drivers to be safe in their driving. That's very important. However, ... there are a lot of different kinds of masks people can use. I get that some are problematic, fogging up your glasses, that type of thing. There are others that are better. So I encourage them — strongly — to identify masks that work for them, that allow them to be safe in their workplace and also help contribute to the safety of the community."

Frankovich also reminded that in situations where facial coverings aren't feasible — or just aren't being worn — maintaining at least 6 feet of physical space becomes even more important.

Pratt said HTA has been able to keep plenty of open spaces on its buses, though that might become a big problem in the not-too-distant future.

Pratt said that ridership across all routes is down roughly 70 percent amid the pandemic, taking the average number

on a bus at any given time from 34 down to nine. While that's good for physical distancing, it's potentially very bad for the HTA's bottom line.

HTA operates via revenue from a variety of sources. There are state transportation grants, as well as local transportation fund dollars that come via a percentage — about 0.25 percent — of state sales tax, which then trickle back to HTA through the Humboldt County Association of Governments. There are joint powers authorities with the county and the cities of Arcata, Eureka, Trinidad, Fortuna and Rio Dell. Because these funds are a percentage of sales tax receipts, most expect them to take a sizeable hit for the foreseeable future as COVID-19 has led to scores of shuttered businesses and record unemployment numbers. (First quarter projections, which include just a month and a half of shelter-in-place restrictions, are already down 12 to 24 percent in some parts of the county, according to state reports.)

But roughly 20 percent of HTA's operating revenue comes via fares. In a typical month, Pratt said, the authority brings in about \$120,000 in fares but since shelter in place, that number has dropped to roughly \$30,000. The biggest hit, he said, has been from students since schools have closed. About 50 percent of the authority's riders are students at Humboldt State University and College of the Redwoods, he said, and then there are high school students who bus up daily from Southern Humboldt or west to Arcata High School from Hoopa and Willow Creek.

"The students are the ones who actually make those systems work," he said.

In the short term, Pratt said HTA will be OK. He said it's in line to receive some CARES Act funds and other financial aid that will carry it through the fiscal year that just started. But if CR, HSU and local schools remain shut down through much or all of the coming year, that could have a devastating impact on buses in Humboldt County.

But there's not much HTA can do at this point, Pratt said, except hope for a vaccine.

"It's not like we can go out there and advertise and get more passengers," he said. "Yes, we need those fares but we don't want full buses. We can't have full buses." ●

The Community Voices Coalition is a project funded by Humboldt Area Foundation and Wild Rivers Community Foundation to support local journalism.

This story was produced by the North Coast Journal newsroom with full editorial independence and control.



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Humboldt's COVID Spike Continues

Humboldt County Public Health confirmed four new COVID-19 cases as the Journal went to press July 28, which, on the heels of a dozen — a single day record — confirmed the day prior, made 88 so far this month.

In a July 28 presentation to the Board of Supervisors, Health Officer Teresa Frankovich noted that while it took Humboldt County 105 days to get to 109 cases, that number had doubled over the past 45 days.

“It’s no secret that our numbers are definitely increasing,” she said. “They’re being driven by travel, gatherings or the two of those things combined.”

Humboldt County had seen a total of 221 cases to date, and Frankovich noted that she’s seeing a growing percentage of those cases in people under the age of 50. While that demographic is statistically less likely to suffer the critical outcomes that lead to hospitalizations, intensive care and death, she said it’s worrisome because the more the virus gains a foothold in the local community the more likely it is to transfer to at-risk populations.

“What we are likely to see here is what’s been seen elsewhere,” she said. “There’s an increase in case numbers, followed down the road by increases in hospitalizations, ICUs and even deaths, because

COVID moves through other parts of the population.

The spike in confirmed cases comes as Humboldt County — like much of the state — has seen increasing challenges with testing. The OptumServe testing site set up at Redwood Acres Fairgrounds through a partnership with the state has been a growing source of frustration, as a huge increase in statewide demand and supply chain issues have caused regular delays of a week or more in getting test results. These delays pose problems for contact investigators and public health officials looking to contain clusters of the virus.

Frankovich offered the board a bit of good news on this front, saying the Humboldt County Public Health Laboratory — which currently has a daily capacity of testing about 100 samples — was successful in getting a new piece of equipment that will allow the testing of up to 300 samples.

“That’s hugely helpful,” Frankovich said, explaining that while the turnaround time at corporate laboratories is currently a week or more, the public health lab can regularly turn around results in 24 to 72 hours, greatly enhancing the ability of contact investigations to limit exposures and isolate people who may have the virus before they can spread it.



The new equipment that will effectively triple testing capacity in the Humboldt County Public Health Laboratory. *Submitted*

The state’s contract with OptumServe ends in August, and Frankovich said the county is actively looking at other possibilities, feeling a more rapid testing infrastructure is crucial to the county’s ability to monitor and control the virus moving forward.

With July 28’s cases, the county had confirmed 54 over the previous 14 days, which equates to about 40 cases per 100,000 residents over that span, far eclipsing the 25 cases per 100,000 residents that is one component that

determines which counties land on the state’s watch list, which puts them under tighter restrictions. While that number is concerning, Frankovich said the county is currently still well short of the positivity metric that would also have to be met to put the county on the list. While the state has set the threshold of 8 percent of a county’s cases coming back positive, Humboldt County has seen a 3.8 percent positive test rate over the past two weeks.

— *Thadeus Greenson*
POSTED 07.28.20

Make us a part of your daily life

For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

Beach Access: Beginning Aug. 1, visitors to Clam Beach with mobility challenges will have free access to two new beach wheelchairs, which feature large, wide wheels that can effectively roll across sand. The wheelchairs are not motorized and require users to be accompanied by someone who can push them. The county purchased the wheelchairs with funding from the California State Coastal Conservancy. *POSTED 07.27.20*

Police Shooting: Eureka police shot and killed John Karl Sieger, 51, who was reportedly suicidal when he allegedly pointed a firearm at officers in an alley adjacent to his home July 24. The names of the officers involved have not yet been released and the shooting is being investigated by the multi-agency Humboldt County Critical Incident Response Team. *POSTED 07.24.20*

Teachers United: In an open letter to the community, educators from Humboldt and Del Norte counties called for a united approach to the 2020-2021 school year amid the COVID-19 pandemic. The letter calls on administrators and health officials to chart re-opening based on medical science and best educational practices, taking into account the needs of teachers, as well as students and parents. *POSTED 07.21.20*

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Digitally Speaking

The amount Pacific Seafoods-Eureka will pay for discharging wastewater from its indoor shrimp processing area directly into the Eureka Slough waterway without an appropriate state permit, as well as other violations, according to the United States Environmental Protection Agency. *POSTED 07.27.20*

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They Said It

“The (America This Week) team plans on spending the coming days bringing together other viewpoints to air on the show to add additional context to the segment.”

— North Coast News’ *Nazy Javid* in an email to the Journal explaining why KAEF parent company Sinclair Broadcasting’s decision to delay airing of a segment that promoted debunked COVID-19 conspiracy theories. *POSTED 07.25.20*

Comment of the Week

“How are we doing with enforcement of health ordinances? That’s a rhetorical question because the answer is maddening. I guess we can look forward to closed schools.”

— *Andrew Jones* commenting on the Journal’s Facebook page on a post about 12 new COVID-19 cases, a single day record in Humboldt, being confirmed by Public Health on July 27. *POSTED 07.27.20*

‘Greatly Needed’

As Eureka looks at sales tax hike, some worry it will put the heftiest burden on the city’s poorest residents

By Kimberly Wear
kim@northcoastjournal.com



Many Eureka facilities and properties are in need of repair as the city faces a large deficit.

File

Eureka voters will decide in November whether to extend an existing local sales tax at an increased rate to bolster the city’s cash-strapped coffers hit hard by the COVID-19 pandemic. If passed, the yet-to-be-named measure will increase the transaction tax to 1.25 percent — up from the current 0.5 percent originally approved by voters in 2010 and reapproved as Measure Q in 2014. If approved, the new tax is estimated to bring in \$9.6 million a year, according to the ordinance. There is no sunset date for the proposed measure — unlike its predecessors — and the tax would continue unless repealed by voters. Under the proposal, the city’s total sales rate would increase to 9.25 percent next summer — which would place Eureka on the upper end of other municipalities in the state but by no means the highest, according to data from the California Department of Tax and Fee Administration. Most cities in Los Angeles County, for example, have sales tax rates ranging from 10 percent to 10.25 percent.

The Eureka City Council voted unanimously July 21 to bring the matter to the ballot, with city officials saying the resulting funds would continue to be directed toward maintaining essential services, including the city’s police and fire departments as well as youth, senior and homeless services, community health care, parks and recreation and road repair.

A survey of likely Eureka voters conducted by EMC Research, an independent public outreach firm, found overwhelming support for the proposed measure,

according to the staff report.

“I believe this is a long time in coming and is greatly needed,” Councilmember Heidi Messner said just before the council voted. “Our streets need it, our COVID recovery needs it and our constituents need it.”

In a presentation to the council, Public Works Director Brian Gerving said the city was facing a decline in general revenue funds even before the COVID-19 pandemic hit.

Next year’s budget was reached by instituting \$4.65 million in cuts compared to 2019-2020 spending levels, including staff reductions, the elimination of “non-essential travel and training” and reductions in contractual services and supplies.

But even with those measures, the city still had to make up a remaining \$500,000 deficit by dipping into reserves and using one-time unallocated funds.

“So, something needed to be done to provide a secure source of local revenue to make sure the city has the funds it needs to continue providing those essential services,” Gerving told the council.

He said raising the current local tax rate to 1.25 percent will basically maintain the city’s budget at its existing level with the current reductions in place while allowing the city to significantly invest in road repairs and pay down unfunded retirement obligations, ultimately saving residents money.

The current tax level brings in around \$4.4 million a year.

“There is no foreseeable time when we will not have a need for this money,” Gerving said, also responding to Mess-

ner’s inquiry about the lack of a sunset date.

That “empowers voters,” Gerving said, because they have the ability to “initiate the process to put it back before voters every two years.”

Councilmember Austin Allison asked about exceptions to the sales tax, such as groceries, which Gerving said was correct and also applies to items like prescription drugs, but food purchased at a restaurant would be included.

Gerving said 58 percent of the general fund comes from sales tax revenue, with non-city residents’ purchases accounting for an estimated 50 percent of that amount because many people come to Eureka for work, shopping or otherwise tend to business in the county’s seat, which has impacts city services and its streets.

“That would not be true of a parcel tax, for instance,” Gerving said.

Sales taxes, however, can hit lower income households harder than other levies based on earnings or property values because a person making \$12 an hour, for example, is proportionally paying more of their wages in the tax than someone making \$25 an hour, according to the National Institute on Taxation and Economic Policy.

“State and local sales taxes are inherently regressive, requiring a higher contribution as a share of income from low- and middle-income taxpayers than the wealthy, because lower-income families have no choice but to spend more of their income on items subject to the tax,” a 2018 brief by the nonprofit, non-partisan institute states.

But certain exemptions, like those California has on groceries and prescription drugs, can help mitigate those impact, it noted.

Measure Q sunsets in June of 2021 and the new tax, if approved by a simple majority of Eureka voters, would go into effect the next month.

A handful of speakers addressed the council, all voicing support for the ballot measure.

Those included Eureka resident Caroline Griffith who said she is “very supportive of this tax” for many reasons, noting she believes the city has done an outstanding job responding to the unprecedented COVID-19 pandemic.

And, Griffith said, as an avid cyclist who is often confronted with “treacherous holes” in the road, she was delighted about the prospect of \$1.5 million being invested in fixing city streets.

“I was ecstatic,” she said.

Ballot arguments for and against the proposed measure are due to the Eureka City Clerk’s Office by 5 p.m. on Aug. 4 and can be no more than 300 words. Rebuttals to those arguments are due 10 days later at no more than 250 words.

●
Editor’s note: This story was first published July 26 at www.northcoastjournal.com.

Kimberly Wear is the Journal’s assistant editor and prefers she/her pronouns. Reach her at 442-1400, extension 323, or kim@northcoastjournal.com. Follow her on Twitter @kimberly_wear.

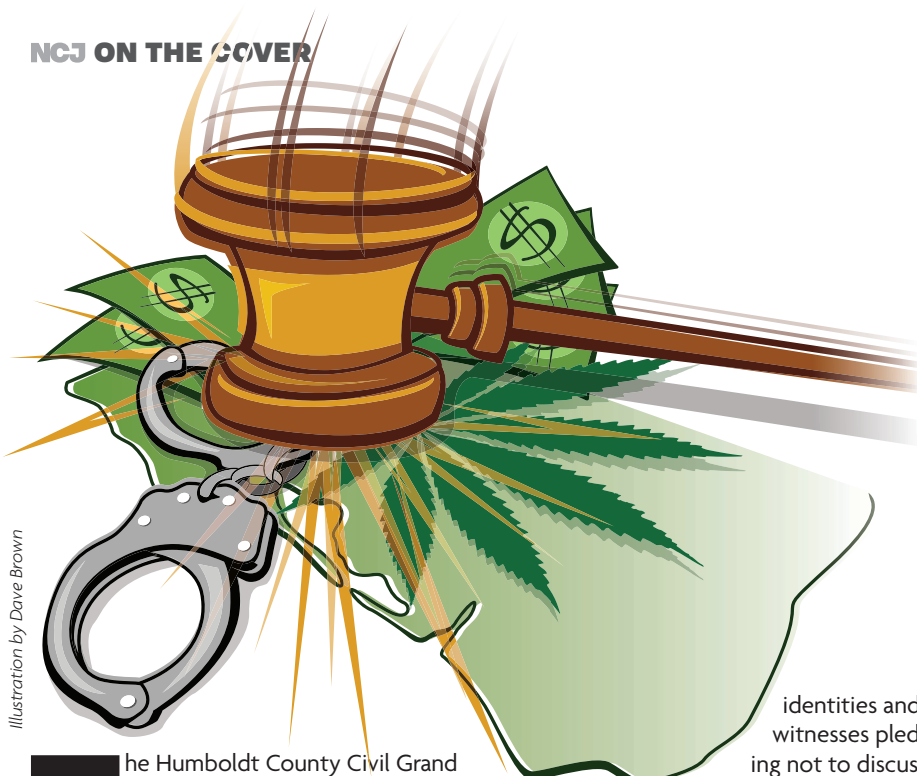


Illustration by Dave Brown

The Humboldt County Civil Grand Jury wrapped up its work for the year last month, issuing the last of its eight reports. The reports tackle subjects ranging from leadership in the Southern Humboldt Joint Unified School District (spoiler: there's a crisis going on) to how the Humboldt County Planning and Building Department interfaces with the cannabis industry (spoiler: there's too much cash and too little oversight) and represent a mountain of work from 17 volunteers.

Jury Foreperson Jim Glover took a few minutes to walk the *Journal* through the process. When the jury convenes in July, it's supposed to have 19 members, though this year's began with just 18 and later dropped to 17. The jurors then split into six committees (with individual jurors serving on as many as three), sift through complaints, discuss areas of concern that have been in the news over the past year and decide what issues they want to investigate. From there, they dive in, meeting with their respective committees on Tuesdays to interview witnesses and pore through materials before debriefing with the full jury on Wednesdays. When investigations ramp up, Glover said jurors can dedicate as many as 30 hours a week to the effort.

"There's a fine line when we're encouraging people to apply," Glover said. "We want the input but we also don't want to mislead them into thinking we're just going skating or something. It's a major commitment."

The jury has complete autonomy to look at local institutions — though state entities like Humboldt State University and the courts are beyond its purview. The only mandate is that the jury inspect local correctional facilities annually and report its findings to the public, and that all the jury's work is done in secret — with members bound to protect witnesses'

identities and witnesses pledging not to discuss the interview process.

Before a report is released to the public, it undergoes two layers of legal review. First, Humboldt County counsel looks it over to assess liability concerns — not for the county as a whole but for the jury itself. Then the Humboldt County Superior Court's presiding judge is supposed to give it another look through the same lens or delegate the task to another judge. With legal feedback in hand, the jury votes on whether to release the report to the public, with 12 votes needed for a report's release. Glover said some reports — including one this year — do die on the vine, failing to get the required votes for release.

"We had one this year that we actually had to pull and I can't explain the reasons why," he said, adding that a report failing to garner the votes needed for release can be a divisive, fraught decision, as the report represents months of hard work by the committee members who generated it.

This 2019-2020 Civil Grand Jury also holds the distinction of being held in the COVID-19 age, and being the first to pivot entirely to video conferencing for deliberations and interviews. Glover said he's glad the jury began meeting in person and developed a rapport before COVID forced it to move to remote meetings in March.

"We never met again in person after March 10 and that changed the dynamics of this particular jury a great deal," he said. "You learn to know people's mannerisms, their quirks, their thought patterns and all that's a little harder to pick up on a screen when you're looking at 10 or 12 people at the same time."

Ultimately, the grand jury released reports on service and rehabilitation in Humboldt County's conservation camps, citizen complaint and feedback processes in county government, the county's Public

The Reports are In

The 2019-2020 Civil Grand Jury weighs in on the Lawson investigation, county efforts to protect its most vulnerable charges

By Thadeus Greenson

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Guardian's Office and patients' rights advocate and the investigation into the 2017 homicide of David Josiah Lawson, as well as the aforementioned reports on Southern Humboldt Joint Unified School District, the local jail and the county's cannabis program.

Below, we take a closer look at the Lawson report and the jury's investigation of complaints surrounding the Public Guardian's Office and mental health services. But you can find all the jury's reports linked to the online version of this story, inserted in last week's *Journal* or by visiting www.humboldt.gov.org/510/Civil-Grand-Jury.

BeHOLD: The Department of Mental Health's Management of the Public Guardian Office and Patients' Rights Advocate

This report from the Civil Grand Jury is kind of a two-for-one, lumping what appear to be two very substantial investigations into two different functions of county government under a single umbrella because they are both overseen by the same department: Mental Health. But the underlying issues, findings and recommendations are very different, so we'll look at them separately.

Public Guardian's Office

Background: Deputy public guardians are county employees appointed by the Humboldt County Superior Court to manage the personal, financial and medical needs of people who have grave mental or physical illnesses or disabilities that prevent them from adequately caring for themselves. According to the report, the Civil Grand Jury began investigating the public guardian's office after learning that its staff were not "participating adequately in 'care conferences' for clients at skilled

nursing facilities" and found that "the excessive caseloads carried by deputy public guardians hinder the office's fulfillment of its obligation to the conserved."

"Deputy public guardians across the state typically manage dozens of clients simultaneously, assisting them in tasks ranging from involved financial and medical decisions to the provision of basic necessities of day-to-day life," the report states. "[The Civil Grand Jury's] investigation showed that Humboldt County has been experiencing steady annual increases in both its total number of clients and the average caseloads borne by each guardian. The average caseload of each deputy public guardian dwarfs that of counties with populations two and three times the size of Humboldt."

The report begins by noting that the term "public guardian" itself "speaks to the trust, diligence, responsibility, virtue and compassion this position demands of those who are given this job," and offering a brief history, noting that the first public guardian's office in California was established in Los Angeles in 1945 to serve those unable to administer their own affairs. The offices became even more crucial in the 1970s, when California de-institutionalized mental health care.

"The clients of the public guardian, the 'conserved,' are those deemed by the Superior Court to be unable to manage their own affairs according to the evaluation of a qualified physician or psychiatrist due to a grave mental or physical illness or disability," the report states. "They often lack the support of available and appropriate relatives or friends. Conservatorships belong to one of two primary categories. The Probate conservatorship focuses on financial and medical care decisions, usually for a lifetime. The LPS conservatorship, which must be renewed annually, requires the management and treatment of persons needing psychiatric care."

In some cases, the guardian's role is simply managing a client's finances, while

others do that while also making medical care decisions and arrangements, applying for benefits on the clients' behalf, working with a variety of organizations and agencies to formulate and oversee care plans, and generally providing case management.

"Guardians have immense power over the conserved, whose financial, medical and psychological well-being is in the hands of their public guardian," the report states. "Guardians have the authority to remove a person from their home in order to place them in an assisted living facility and the authority to make medical decisions for them. They can sell, confiscate or liquidate the entirety of a client's property and belongings. Clients are vulnerable, often elderly, commonly disabled and, by the nature of their predicament and circumstances, may lack the wherewithal to even understand their civil rights."

The report notes that such guardianships "must be held to the very highest of ethical and legal standards," which is why the Civil Grand Jury launched an investigation after receiving a complaint that deputy public guardians were failing to participate in quarterly care conferences, which play an "important role" in clients' care because they bring medical staff, the guardian, ombudsmen and facility staff together to review the client's program, go over treatment goals and register complaints where necessary. They are essentially quarterly check-ins between a client's entire care team, with the deputy public guardian theoretically there to advocate on the client's behalf.

"Moreover, the complaint noted that guardians were having trouble performing basic services for their clients, such as shopping for clothes or acquiring a cell phone, in a timely fashion," the report notes. "Frequently the task of securing such day-to-day items was falling to the staff of the facility or care home in question and, in some cases, to no one at all."

In its investigation, the Civil Grand Jury found that the Public Guardian's Office has been "chronically understaffed," leading to "excessive caseloads." These caseloads are reportedly in excess of 90 clients each, according to the report, a number far beyond the 70 or so cases workers identified as "manageable" and nearly triple the 30 to 40 considered ideal.

"To guardians often scrambling to locate their most at-risk clients, the relatively secure (skilled nursing facility) residents are deemed a lesser priority because they are safely housed and fed and often have a source of income in trust," the report states.

The report identifies a number of factors that contribute to the massive caseloads. First, Humboldt County con-

serves an inordinate amount of people, with per-capita rates of conserved people "far in excess of other California counties." Second, requests to the Department of Health and Human Services to fund an additional deputy public guardian position have gone "unheeded" for years, according to the report. Third, one of the county's three deputy public guardians is out on extended medical leave, with their "entire caseload" shifted to their two coworkers, the assistant public guardian and lead public guardian.

"Currently four workers serve around 700 clients of various types and needs," the report states. "Of these, some 200 or so are clients for whom the office handles just one aspect of their lives, the financial part. ... That leaves approximately 500 clients who require a staggering range of services and needs, from intervention in serious drug abuse to management of financial affairs to onerous tasks such as locating personal papers in a packed mobile home to the mundane, such as getting a client new pajamas."

Humboldt County's current caseload of 90 to 120 clients per guardian far outpaces those elsewhere in California, according to the report, which notes the ratio is 51 to one in San Mateo County, 30 to one in Santa Cruz County, 33 to one in Del Norte County and just 19 to one in Lake County.

"These numbers are startling," the report states. "Humboldt County's inordinately large population of conserved clients is a deeply concerning statistical anomaly that makes present questions about the administration's oversight of and responsiveness to the PGO even more urgent."

And there's reason to believe the problem is only going to get worse in both the long and short term, according to the report. More people will likely be conserved as Humboldt's boomer generation continues to age, and there have already been immediate impacts from COVID-19.

"Early data suggests that Humboldt County is beginning to see the effects of the present global COVID-19 pandemic on the Public Guardian's workload," the report states. "As the middle and lower classes begin to feel the economic impact of job losses, business closures and shrinking earnings, the number of those requiring help of the PGO will naturally rise."

The solution is increased staffing but that hasn't happened, as the report notes a new deputy public guardian position has not been approved in Humboldt County in 20 years. According to the report, that's partly because the Public Guardian's Office is funded out of the county's general fund, putting it in competition with myriad oth-

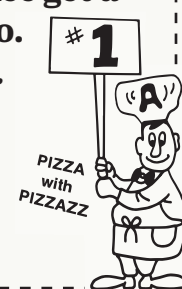
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er county services for limited dollars.

“Yet it is still unclear why DHHS and Mental Health were so slow to respond to the increasingly dire situation with the Public Guardian’s Office staffing,” the report states. “When seeking some explanation for this failure to hire a new deputy, the Civil Grand Jury was told there were no obstacles to hiring additional deputies and that the problem may have been one of communication between supervisors. The Civil Grand Jury was troubled by the response that such requests for hiring were ‘the responsibility of the supervisor’ and that ‘sometimes the supervisors do not ask loud enough.’”

At the time of the report, DHHS had communicated that it planned to seek funding in the fiscal year budget that started July 1. But even after a deputy public guardian is ultimately hired, the training process can take at least a year before they can work independently, according to the report.

Key Finding

The Public Guardian’s Office is understaffed and Mental Health has failed to take sufficient steps to mitigate an increasing caseload, especially when a “key staff member” went out on extended leave. Presently, deputy public guardians are unable to meet their obligations to clients because they are “burdened with inordinately high caseloads.”

Key Recommendations

1) The Board of Supervisors ensure the Public Guardian’s Office is adequately funded so the Department of Health and Human Services can hire a fourth deputy public guardian.

2) That DHHS develop and implement a process to mitigate impacts of increased workloads on remaining staff and clients when a staff member has to take an extended leave.

Patients Rights Advocate

Background: During its investigation into conditions of the Public Guardian’s Office, the Civil Grand Jury learned of a related concern in the office of the county’s Patients’ Rights Advocate.

“The origins of this office in the history of California’s mental health institutions is tragic, even terrifying,” the report states. “From their inception in the late 1800s, the state’s ‘insane asylums’ were left to operate without much oversight. As a result, conditions inside such hospitals did little for patients’ mental health. Persons could be committed to an asylum on nothing

more than the word of a relative. Patients, who could be held indefinitely, were essentially prisoners without sentences. Shackled, beaten, abused and forgotten, patients were subjected to lobotomies, electro-shock therapy, psychotropic drugs and sterilizations at the will of asylum administrators. ... Once incarcerated in this virtually medieval system, a person had few if any rights.”

Eventually, an undercover investigation by the California Department of Justice into conditions inside Mendocino State Hospital and the publication of the novel *One Flew Over the Cuckoo’s Nest* led to intense calls for reform, and in 1967 the Lanterman-Petris-Short (LPS) Act was passed. And in 1993, the California Office of Patients’ Rights was created with the goal of ensuring that each person admitted to a mental health facility in the state had access to an advocate who would fight to safeguard their basic rights. Each county in the state is now required to have at least one such advocate (PRA) on staff, according to the report.

“The PRA is an advisor, proponent, defender and counselor for any patient receiving mental health treatment in the county,” the report states. “Patients are housed under various Welfare and Institutions Codes (WIC) that allow involuntary committals.”

These commonly begin with a “5150” committal, which occurs when someone is deemed a danger to themselves or others, or gravely disabled, due to a mental health condition and committed to a mental institution for a 72-hour hold. But a showing of probable cause can extend these committals, first for 14 days, then an additional 14 days and then finally for another 30 days, which may lead to a court ordering that the patient be conserved. And it’s the patients’ rights advocate who stands between these people and the vast powers of the state to hold them against their will.

According to the report, the advocate’s duties include ensuring clients are informed of their rights, advocating for clients during hearings to determine their legal status and whether they can continue to be held against their will on a mental health hold, training staff at mental health facilities about patients’ rights, monitoring facilities, investigating potential rights abuses and compiling quarterly reports for the state Patients’ Rights Office.

But in order to advocate, the PRA needs to know who their clients are.

“Most of the PRA’s clients are those admitted to Sempervirens Psychiatric Health Facility or the long-term care facility, Crestwood Behavioral Health Center,” the report states. “Each patient admitted

voluntarily or involuntarily to a mental health facility should be made aware of the availability of the PRA and provided with a packet containing a brochure about the PRA’s services, a release of information (ROI) and the PRA’s contact information. The contact information is also posted in every facility with a statement of patients’ rights.”

What brought the PRA to the Civil Grand Jury’s attention was a change in policy that made it more difficult for them to do their jobs. Previously, a ward clerk at Sempervirens would fax the PRA — who has signed a confidentiality agreement and undergone HIPAA trainings — a daily census listing the name, birthdate, case number, date of admission, legal status and type of hold for each patient housed in the facility. But in October of 2019, according to the report, staff at Sempervirens began to redact the name, birthdate and case number for all patients who had not signed a release of personal information form for the PRA. Staff claimed that disclosing such information would constitute a violation of privacy rights.

“The Civil Grand Jury heard from multiple sources that the new practice was, in effect, a hindrance to the performance of the PRA’s advocacy duties,” the report states. “Information that was previously accessible to the PRA now requires additional, time-consuming work in a job that already requires rigorous adherence to procedure for its various duties and mandated deadlines.

“... The imposition of the new policy introduced a new, even Byzantine, level of bureaucratic process,” the report continues. “The advocate must now, first, visit each facility and move room-to-room to determine whether clients have been admitted who might need their services and, second, engage clients in the middle of an involuntary and even traumatic mental health hold to persuade them to make the rational, calm decision to sign the (release of information).”

The process becomes “potentially problematic,” according to the report, when it occurs in the lead-up to the hearings that determine whether a patient’s involuntary stay can be extended and they need an advocate well prepared to argue on their behalf.

“When gauging the added cost of the redacted census in the PRA’s time and energy, one must remember that a single PRA serves all mental health clients in Humboldt County,” the report states.

DHHS and Mental Health maintain, according to the report, that the new policy errs on the side of confidentiality, which the report notes is “informed by current law.” However, the report notes that Men-

tal Health is interpreting confidentiality laws as “strictly and narrowly” as possible when it comes to the PRA, which may run counter to the PRA’s purpose and is out of step with the policies of some other California counties.

Another area of concern identified by the Civil Grand Jury is Mental Health’s practice of excluding the PRA — “ostensibly” to protect client privacy — from continuous quality improvement meetings, which are held 10 times a year and aimed at evaluating whether the department is implementing best practices and what areas of client care could be improved, according to the report.

“The PRA’s multifaceted job requires them to act as a consultant, representative, trainer, investigator and a liaison between the county and state,” the report states. “The PRA’s performance of this critical role is dependent on access to all pertinent information ...”

Key Finding

“The Mental Health administration’s interpretations of confidentiality creates obstacles that prevent the Patients’ Rights Advocate from serving clients’ needs despite the Advocate’s having signed a confidentiality agreement and having undergone the county’s annual HIPAA training.”

Key Recommendations

1) That Mental Health ensure the PRA has full access to patient information that’s relevant to their duties, including an un-redacted daily census.

2) That Mental Health ensure the PRA is provided with un-redacted reports about the denial of rights to patients and be welcomed to participate in “the entirety of continuous quality improvement meetings without restrictions.”

A Community Divided: The Ripples of a Homicide in Arcata, CA

Background: On April 15, 2017, David “Josiah” Lawson, a 19-year-old sophomore at Humboldt State University, was fatally stabbed at an off-campus party amid a series of fights and the case remains unsolved more than three years later. Kyle Zoellner, a McKinleyville man, was arrested at the scene and charged with Lawson’s killing, but a Humboldt County Superior Court judge later ruled there was insufficient evidence to hold him to stand trial on a charge of murdering Lawson. A criminal grand jury was convened almost two years later to hear evidence against

Zoellner but declined to indict anyone in the case. Lawson was Black and Zoellner is white, and allegations of racism and racial bias have surrounded the case from the very beginning, including allegations Zoellner's girlfriend spewed racial slurs at Lawson as he lay bleeding to death at the party.

Acting on a "myriad of community complaints," the Civil Grand Jury decided to investigate.

While its report does not unearth any new facts about Lawson's killing or the Arcata Police Department's investigation into it, it does give some additional context to both. It also buttresses the findings of the National Police Foundation report released in February, which found that while APD made a host of mistakes in the hours after Lawson's death that would cripple the investigation, there was no evidence that officers had acted with overt racial bias and every indication officers and first responders had worked diligently and competently when trying to save Lawson's life.

"The most difficult question the Civil Grand Jury had to evaluate was the charge of racial bias within the police response," the report states. "The Civil Grand Jury conducted many interviews and reviewed a vast array of information. Although the Civil Grand Jury found failures, ineptitudes and poorly executed police work, it did not find direct evidence of racial bias."

But Lawson's killing did not come in a vacuum, as the jury notes.

"As part of its investigation, the Civil Grand Jury interviewed members of various community groups, including African-American, First Nations, and Latinx," the report states. "All groups voiced concerns about the impact the Lawson homicide has had on their communities. Likewise, all indicated that they have felt disenfranchised, to various extents, long before the homicide occurred. There was a pervasive feeling among our interviewees that their communities face systemic bias, in education, policing, and community relations."

The report offers a long — and at this point fairly well documented — list of APD mistakes made before and during the investigation into Lawson's killing, including the elimination of its evidence technician position due to budget cuts, ineffective leadership, poor training, and inadequate supervision. All these lead to a failure to follow basic Peace Officer Standards and Training and department policy, and to secure the crime scene and identify key witnesses, as well as the repeated refusal to accept help from other local agencies on the investigation. And it notes that APD, now under the leadership

of Chief Brian Ahearn, has taken numerous steps to address its deficiencies.

The report adds that the Civil Grand Jury feels it is premature to declare whether Lawson's killing may have constituted a hate crime and that determination "should be withheld until a perpetrator is charged, and the intent and motivation for Josiah's killing is fully explored."

Key Findings

1) While the jury found no direct evidence of racial bias or corruption within APD's response, it was clear APD was "not prepared to manage and investigate a large, violent crime scene" and that a lack of on-scene leadership "contributed to the disorganized response." This led to failures to adequately secure the crime scene, detain witnesses and process evidence.

2) Former FBI Agent Tom Parker, whom the city brought in to advise the investigation but who later left the case while alleging he was being lied to and his recommendations weren't being followed, was accurate in his "assessments that the APD had poor management, lack of training, inadequate staffing and demonstrated a lack of transparency," the jury found.

3) Current APD Chief Ahearn is "focusing on strengthening community relationships, substantially increasing training and diversifying the pool of officers and staff." He has also begun community policing and leadership development programs, and created an investigations division complete with an evidence technician.

Key Recommendations

1) That the city of Arcata continue to sufficiently fund the police department so it can maintain the evidence technician position, as well as cultural bias and other trainings.

2) That the police department engage in community outreach by putting together brief biographies of its officers to post on the city's website, and that the city create "a diverse citizens advisory board" to specifically review police conduct and service. The jury further recommends that APD utilize minority interns from HSU to foster better connections and understanding.

3) That the Humboldt County District Attorney's Office has created a multi-agency Major Crimes Incident Team to investigate large or complex crime scenes. The jury recommends Arcata use it in the future. ●

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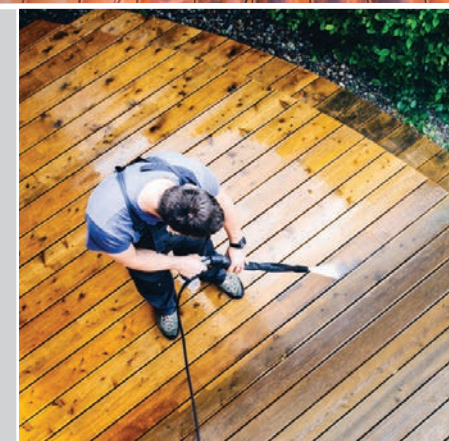
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Trevor Guthrie at his Powers Creek Produce stand. Photo by Ashley Harrell

Pivoting into Produce

Powers Creek stand sprouts in Blue Lake

By Ashley Harrell

ashley@northcoastjournal.com

Monica Morris is shopping for ingredients to make her annual zucchini relish. Normally around this time of year, farmers have zucchini “coming out their ears,” she says. But finding a large number of affordable zucchinis this July has been a challenge. That’s why Morris has driven from Arcata to Blue Lake, where the small Powers Creek Produce stand is her last hope.

“How many pounds of zucchini do you have?” she asks owner Trevor Guthrie.

“Well, a lot,” Guthrie says with his characteristic can-do attitude. He is affable and on the young side of 44, dressed in a Hawaiian shirt and board shorts.

“I need 20 cups of zucchini, shredded,” Morris says, all business.

Guthrie does some quick calculations and determines that Morris should buy all of his zucchini, which came from Rain Frog Farm in Blue Lake. He piles them onto a scale and tucks them into a bag. Morris looks on with measured approval, then drops a bomb. She also needs a mountain of scallions.

Guthrie doesn’t have them right now but he refuses to let her down. Not today.

“I have a supplier who does scallions,” he says. “I could look into that.”

Guthrie seems like he’s been connecting Humboldt residents with local produce for years, decades even. In fact, Guthrie started less than a month ago, after COVID-19 disrupted his 30-year career in event lighting.

Guthrie grew up in Arcata and knew at the age of 15 that he wanted to be a stage

manager, a lights man, a behind-the-scenes guy for events. For his first paid gig, he built the sets for the 1993 horror film *Dark Carnival*. About a deadly haunted house attraction, the film wasn’t good (nor was it so bad it was good). But Guthrie had his start and soon he moved to San Francisco, where he quickly established himself as a lighting expert for events, working for community theaters, music venues and traveling shows. He got a job with the San Francisco Opera. He worked Outside Lands. He became a stage manager for the Herbst Theatre. Ultimately, he found himself doing entertainment lighting for corporate events. He’s probably not supposed to say which ones but if you guessed, say, Facebook’s F8, who would Guthrie be to correct you?

About four years ago, Guthrie relocated to Blue Lake with his wife Sadie and their two sons, but he often returned to the Bay Area for work. This year his spring and summer were booked solid with tech events down south. Then the pandemic happened. “I lost three months of work in two days,” Guthrie remembers. “Imagine every person you know professionally is unemployed. Everyone.”

Call it the “new normal” or “the great reset” or whatever else you want, Guthrie was abruptly thrown from his linear path. He imagined events would return in a year and a half, maybe two. But in the meantime, he started wondering about what else he’d like to do in life. He had talked about starting a garden and already planted watermelons, pumpkins, tomatoes and novelty popcorn at a friend’s farm.

As he watched as food supply chains

collapse across the United States, Guthrie began to think bigger. He wanted to get to know farmers who lived near Blue Lake, to support them while connecting his neighbors to fresh produce. Sure, they could shop at the farmers markets in Arcata on Saturdays or McKinleyville on Thursdays, but wouldn’t it feel safer to visit a little food stand right here in Blue Lake? So Powers Creek Produce was born.

Like Guthrie’s event gigs, the produce stand would be ephemeral, open only Thursdays and Fridays. The job similarities ended there, though, and that challenge felt exciting. He registered the business. He secured a spot in the Mad River Grange parking lot. He set up social media accounts. He began reaching out to local farmers to see what they might sell him. And for the first time in his life, Guthrie bought his own event canopy.

The hardest thing about starting a produce stand, he learned, is getting the produce. “I spend a solid day doing nothing but contacting people and lining up product,” he says.

On July 23 — two weeks after the grand opening — the stand has filled out and word seems to have gotten around. Blue Lake Mayor Adelene Jones shows up to buy some juicy Neukom peaches. Cynthia Gourley-Bagwell, the curator of the Blue Lake Museum, snags four Earthly Edibles artichokes that originated in Korbel. Jen McFadden, co-owner of Booklegger in Eureka, picks up peaches, garlic, broccoli and her pièce de résistance — a heart carved from cedar and sanded by Guthrie’s 8-year-old son, Sylvester.

“It’s so nice and smooth,” McFadden says. “You have sanded this to perfection.”

“Is there a child labor issue?” another customer deadpans.

“He gets all the proceeds, so it’s not quite like that,” Guthrie says.

Although Guthrie isn’t sure what his own profits from this little experiment will look like, he’s enjoyed making new connections and working with farmers. And all the support from his neighbors has been sweet.

After hearing about Guthrie’s foray into the unknown, I decide to buy some shiitake mushrooms to grill. Guthrie suggests marinating them in soy sauce and sprinkling bits of shiso from Woody Ryno Farms in McKinleyville. Just one shiso carton left. I’ve never bought the minty Japanese herb before so I go for it. If it works out, he can always find me more.

Ashley Harrell is a staff writer at the Journal and prefers she/her pronouns. Reach her at ashley@northcoastjournal.com and follow her on Instagram at [where_smashley_went](https://www.instagram.com/where_smashley_went).

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On Becoming A Flockster

What chickens bring to your garden

By Katie Rose McGourty

downanddirty@northcoastjournal.com

Growing up in rural central California, my two best friends each had chickens in their backyards. Their busy moms would bribe us with a trip to Lickety Split, our favorite ice cream spot in town, if we helped out with chicken chores. We'd happily collect eggs, feed and water the birds in exchange for a scoop of mint chocolate chip. We reveled in the shady stillness of the henhouse on a hot summer day. Since establishing the home farm, my family has long aspired to recreate the joy of tending chickens. The bonus time of shelter in place has created a perfect window of opportunity to accomplish our dreams.

At 6 weeks old, our little flock is just settling into their yard and growing more feathers everyday. Their pleasant chicken sounds add a lovely background noise as we tend the garden and they entertain us with their bustling ways. In addition to producing eggs for us, our little gals will mow down compost and till ground for insects as they go. Most importantly, they generate lots of nitrogen-rich fertilizer in their droppings, which will take food production to the next level.

We sought advice on housing from flockster friends and incorporated their experience into the design of our coop and chicken yard. After trying out a few locations around the farm, we ended up creating a little paradise tucked under the palm and apple trees. The gals get lots of morning and afternoon sun, as well as

midday shade. The palm tree adds a touch of tropical jungle vibe. Their coop window looks out a pleasant view of ripening apples. We didn't want to take any chances of our little darlings being harmed by avian or mammalian predators; their yard has protective wire above, around and below their coop. There's nothing like a little group of fluffy chicks to bring out one's inner mother hen.

Chickens don't ask for much in the way of daily care. Fresh water and feed, along with any kitchen treat such as lettuce, grated zucchini or even fresh blueberries. Chickens bred for laying are sensitive to stress from lurking predators, so we made sure to give them adequate cover by lifting their coop off their ground so they can retreat from ravens and hawks. One day we heard the flock kicking up a ruckus, so we ran over to their hangout spot to find a humongous raven landing on the clothesline. It turns out everything wants to eat baby chicks — we had a heck of a time keeping the farms cats away, too.

Tending a flock offers any home farmer the opportunity to get to know a sustainable and high quality protein source: farm fresh eggs. Homegrown eggs are the most delicious of all, and the most vibrant and colorful. Yolks range from golden sunrise yellow to sunset orange with flavor beyond any other eggs we've tasted, which adds to other egg products such as mayonnaise and aioli. Because we live in city limits, we're not allowed a rooster, so none of the eggs will ever be fertilized. The



Shutterstock

flock instead is led by the largest and most colorful female, a beautiful black sex-link with orange and black feathers.

We're also excited about these gals hitting the weeds. Our farm is on historic bay land that has never been formally landscaped. We've tried over the years to control the dreaded creeping buttercup, to no avail. It has continued to spread aggressively throughout the farm, especially along the fences and hard to reach corners. But the buttercup and all its creeping rhizomes that spread quickly everywhere have no defense against the talons and beaks of our flock — the gals have already completely eradicated it from their yard and are ready to take on more. We'll create day pens for the girls so they can forage in weedy spots, fertilizing as they go. Eventually we'll end up with a lot more open time in our farming schedule. Thanks, ladies!

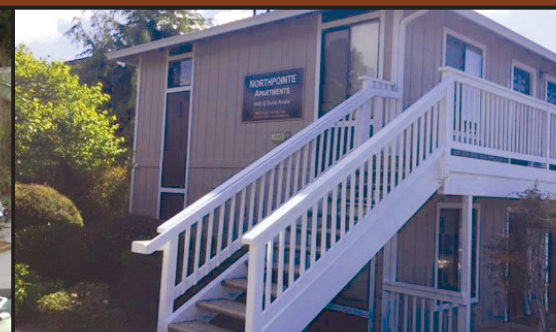
Adding an animal element helps our farm become truly biodynamic. Harnessing the energy of domesticated farm animals unleashes the same symbiosis between animal, plants and soil that has

successfully persevered for centuries on every continent in the world. Farming may seem daunting given that harvest remains unpredictable from year to year. However, in these pandemic times, the home farm complete with chickens offers security of nutritious food and a refuge from the threat of exposure.

For those of you who have also dreamt of beginning your own flock, there's no time like the present to begin. Due to COVID-19 and the aforementioned benefits, the demand for baby chicks has gone way up; we had to wait patiently for six weeks for ours. Also be forewarned that supplies like chicken wire are hard to come by. As always, we improvised with materials available and the chickens don't seem to mind their unconventional enclosure. As we continue to shelter at home, we couldn't feel more delighted with home farming. Nature takes care of all who invest in her. ●

Katie Rose McGourty is the owner of Healthy Living Everyday at www.healthy-living-everyday.org. She prefers she/her.

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Calendar July 30 – Aug. 6, 2020



Photo by Mark Larson

Dance like nobody is watching **Saturday, Aug. 1** from **6 to 8:30 p.m.** during the Zoom event **Will Dance for Wifi** (suggested donation \$10-\$15). **Shoshanna** will be twirling her voluminous skirts to fund connectivity at Redwood Raks, and feeding our souls with some joyful movement. Better push the couch back.



The Gatehouse Well, submitted

If, like David Bowie, you know when to go out and when to stay in, plant yourself in front of your device of choice and tune in for the **Relay For Life Virtual Concert Night Wednesday, Aug. 5** from **7 to 9 p.m.** via **Zoom**. The show lineup features local musicians The Gatehouse Well, Jeffrey Smoller, Irie Rockerz and Stereotactix. Get ticket information via Facebook.



Agnes Patak, submitted

Missing Reggae on the River this year? Of course you are. The folks at the Mateel feel you and they hope you feel them. The Mateel Community Center presents a special **Reggae on the River Tribute Drive-Through Dinner on Friday, July 31** starting at **4:30 p.m.** (\$14, \$18). The fundraising dinner features a sweet Caribbean menu for reggae weekend and music by DJ RunDat with KMUD DJ Agnes Patak hosting. A video tribute featuring footage from the Reggae 2016 event premieres the same day online.

30 Thursday

BOOKS

Arcata StoryWalk. 11 a.m.-4 p.m. Arcata Library, 500 Seventh St. Walk and read Lois Ehler's bilingual story, *Cuckoo/Cucu*, based on a Mexican folktale, posted at 18 reading stations.

MUSIC

The J St. Regulars Radio Hour. Ongoing, 7-8 p.m. Virtual World, online. Tune in each weeknight for live music by the J St. Regulars, 7 to 8 p.m. on The Sanctuary Arcata's Facebook and Instagram pages. www.facebook.com/thesanctuaryarcata.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, online. A Facebook group to join if you like fun group singing. Song of the day posted at 3 p.m. PST, sing starts at 7 p.m. PST. www.facebook.com/groups/quarantinesingalong. Free.

SPOKEN WORD

Poetry on the Edge. Ongoing, noon. Virtual World, online. This Facebook group of Humboldt County poets (and lovers of poetry) is about living on the edge of the continent in a pandemic. Hosted by Eureka Poet Laureate David Holper. Free.

FOR KIDS

Fortuna Library Recorded Readings. Virtual World, online. Hosted by the Fortuna Branch Library on its Facebook page, www.facebook.com/HumCoLibraryFortuna.

Virtual Circle Time. 10 a.m.-10:30 p.m. Virtual World, online. Geared toward families and caregivers with children newborn to 5, but all family are welcome. Children play games, practice stress-reducing activities and sing songs together. Song requests by email or by messaging Arcata Play Center on Facebook. To join on Zoom, visit www.us02web.zoom.us/j/86022989325. hstevens@cityofarcata.org.

Virtual Junior Rangers. 11:30 a.m. Virtual World, online. Join the North Coast Redwoods District of California State Parks for weekly kids' programs and activities related to coast redwoods, marine protected areas and more, plus the chance to earn Junior Ranger Badges. Register online and watch live at www.ibt.ly/NCRDYouTubeChannel. www.bit.ly/NCRDVirtualJuniorRanger.

FOOD

Eureka Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh and local fruits, vegetables, plant starts, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

McKinleyville Farmers Market. 3-6 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. In the parking lot of the McKinleyville Eureka Natural Foods. Locally grown fruits, vegetables, plant starts, succulents, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

Willow Creek Farmers Market. 6 p.m. Veteran's Park, 135 Willow Road, Willow Creek. Locally grown food. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, online. California State Parks' North Coast Redwoods District is broadcasting programs featuring tall trees and rugged seas from state parks via Facebook from. Free. www.facebook.com/NorthCoastRedwoods.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, online. This class offers pronunciation, speaking, reading, writing, vocabulary, verb conjugations and common expressions. All levels welcome. Join anytime. On YouTube at: English Express Humboldt. Free.

Restorative Movement. 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, online. SoHum Health presents a class including breath work, relaxation and a variety of yoga and non-yoga movement styles. Tuesday classes focus on strength and mobility. Thursday classes focus on relaxation and breath work. Contact instructor Ann Constantino for a link to the online class orientation. Free. annconstantino@gmail.com. www.sohumhealth.org. 923-3921.

Whiteness Accountability Space: Processing Emotions and Moving to Anti-Racist Action. noon. Virtual World, online. L4HSU – Life Long Learning Lounge. A space for white participants and facilitators to ask questions and process feelings around anti-blackness, police brutality and systemic racism in order to move toward anti-racist action. Register at (Zoom): www.tinyurl.com/y8ldzrfq.

The Write Stuff - An Online Writing Group. 5-6 p.m. Virtual World, online. The Humboldt County Library's online group meets on Zoom to share writing and inspiration, and offer feedback. Sign up at www.forms.gle/HP8vgleiXhMKRUJd7 to get the Zoom meeting invite. Free. cbalkovekl@co.humboldt.ca.us. www.facebook.com/events/554786865206598. 269-1915.

31 Friday

BOOKS

Arcata StoryWalk. 11 a.m.-4 p.m. Arcata Library, 500 Seventh St. See July 30 listing.

LECTURE

Ask the Curator. 2-3 p.m. Virtual World, online. Clarke Museum curator Katie Buesch and guest hosts showcase weekly topics with a trivia contest the last Friday of every month. Past segments available at www.clarkemuseum.org. Free. Dana.f@clarkemuseum.org. www.facebook.com/ClarkeHistoricalMuseum/. 443-1947.

Salmon and Acorns Feed Our People: Connections Between Health & Environmental Justice. Noon. Virtual World, online. With Kari Norgaard and Ryan Reed of the University of Oregon. Streamed on Facebook live and archived on Humboldt State University's Native American Studies YouTube and Facebook pages. Register online. Free. www.tinyurl.com/y9symb2d.

MOVIES

System Fail Screening. 8:30 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Radical Education & Abolition Development presents the first of a four-part outdoor film series on defunding and abolishing the police. Wear face masks, practice social distancing and wear warm clothing. Bring camping/beach chairs. www.sirensongtavern.com.

Continued on page 19 »



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MUSIC

The J St. Regulars Radio Hour. Ongoing, 7-8 p.m. Virtual World, online. See July 30 listing.

King Maxwell Quarantine Funk #9. 9-11 p.m. Virtual World, online. King Maxwell spins funk, soul, electro, disco, roller skating jams and boogie, and adds vocoder flavor. Free. arcatasoulpartycrew@gmail.com. www.youtube.com/watch?v=pssTRy5HLAk.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, online. See July 30 listing.

SPOKEN WORD

Poetry on the Edge. Ongoing, noon. Virtual World, online. See July 30 listing.

EVENTS

Reggae on the River Tribute Drive Through Dinner. 4:30-9 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Enjoy a gluten-free Caribbean dinner and music by DJ Michelle RunDat. KMUD DJ Agnes Patak hosts. Music from 5 p.m. and a ROTR 2016 footage featuring Kranium, Anthony B, Protoje, Mad Professor, Jesse Royal, Sister Carol and more. Brown stewed chicken \$14, curry stewed goat \$18, oven roasted BBQ jerk chicken \$14. www.mateel.org.

Virtual Eureka Friday Night Market. Virtual World, online. Humboldt Made hosts local products/services online, where customers can shop from home with a safe pick up at the Eureka Visitor Center every Friday. www.eurekafridaynightmarket.com.

FOR KIDS

School-age Storytime. 11 a.m. Virtual World, online. Hosted by the Arcata Branch Library via Zoom. To sign up, email sparsons@co.humboldt.ca.us or call 822-5954.

Zoom into School-age Storytime with Ms. Sue Every Friday. 11-11:45 a.m. Virtual World, online. Zoom into stories for children in kindergarten through third grade. Call and leave your name, phone number and email for an invitation link. Free. www.facebook.com/events/250401182925890/. 822-5954.

FOOD

Garberville Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh, locally grown fruits, vegetables, plants starts, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

OUTDOORS

Critical Mass. Last Friday of every month, 6-7 p.m. Arcata Plaza, Ninth and G streets. Critical Mass community bike ride is back with social distancing. The group will be staying 6 feet apart and riding through town with masks. Free. https://www.instagram.com/criticalmass_arcata/.

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, online. See July 30 listing.

ETC

A Call to Yarns. Noon-1 p.m. Virtual World, online. A weekly Zoom meetup for knitters and crocheters to connect, show off creations and work on projects together. Sign up using the Google form and get an email with the meeting invite. Free. sparsons@co.humboldt.ca.us. www.forms.gle/CkdbZSbjckZQej89. 822-5954.

English Express: An English Language Class for Adults. Ongoing. Virtual World, online. See July 30 listing.

Tabata. 5:30-6:30 p.m. Virtual World, online. SoHum Health presents online classes with short, high intensity cardio workouts. Contact instructor Stephanie Finch by email for a link to the online class. Free. sfinch40@gmail.com. www.sohumhealth.com.

1 Saturday

ART

Art Opening. 1-4 p.m. Canvas + Clay Art Gallery, 272 C St., Eureka. "Sunsets, Drifters + Gems," featuring work by Rachele Aubrey and Shannon Sullivan. Please wear a mask and observe social distancing guidelines. Maximum 12 guests at a time.

BOOKS

Arcata StoryWalk. 11 a.m.-4 p.m. Arcata Library, 500 Seventh St. See July 30 listing.

Reading in Place - An Online Reading Group. 1 p.m. Virtual World, online. Discuss a different short story (available online) and connect with other readers. Sign up online for a Zoom meeting invite and that week's reading selection. www.forms.gle/zKymPvcDFDG7BJEP9.

COMEDY

Ladies Night Drive-In Comedy. 8:30 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Jessica Grant, Stephanie Knowles and Calista LaBolle perform. Park, tune your car radio to 107.9 FM and enjoy the show. Masks must be worn outside of vehicle. No public restroom. Venmo donations welcome @Savage-Henry. www.savagehenrymagazine.com.

DANCE

Will Dance For WiFi. 6-8:30 p.m. Virtual World, online. Join Shoshanna for a fun summer dance celebration and fundraiser to get WiFi for Redwood Raks Collective. On Zoom. Info at: www.facebook.com/events/649552832310334. Suggested donation \$10-\$15. shoshannaraks@gmail.com. 616-6876.

MUSIC

EmRART with James Zeller. 2-4 p.m. Virtual World, online. Cross-platform entertainment from remote locations. James Zeller plays jazz from Arcata, and Emily Reinhart lays charcoal on birch wood in Eureka. Watch via Facebook (www.facebook.com/EmRART) or by YouTube. Free. emily@emilyreinhart.com. www.youtube.com/channel/UC1cGc_-RErDvHWjNBsbhIQ.

The J St. Regulars Radio Hour. Ongoing, 7-8 p.m. Virtual World, online. See July 30 listing.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, online. See July 30 listing.

Radio Clash. 6 p.m. Virtual World, online. NeonMenace & Tone-Change join resident Zero One with artists R-trace, Tucker Noir and Calder Johnson. www.twitch.tv/thatzeroone. If twitch goes down, watch on Mixcloud. <https://www.mixcloud.com/ThatZeroOne>.

SPOKEN WORD

Poetry on the Edge. Ongoing, noon. Virtual World, online. See July 30 listing.

EVENTS

Pastels in the Park 2020. 8 a.m.-4 p.m. Perigot Park, 312 South Railroad Ave., Blue Lake. Walk through the park and view sidewalk artwork representing local businesses and groups. Create a family square with chalk provided and enjoy fresh food and sunshine. Please follow social distancing practices. 668-5932.

FOR KIDS

Preschool Storytime. 11 a.m. Virtual World, online. Hosted by the Arcata Branch Library via Zoom. To sign up, email sparsons@co.humboldt.ca.us or call 822-5954.

FOOD

Arcata Plaza Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Local fruits, vegetable, plant starts, flowers and more. Visit the NCGA website to view updates and protocols to help keep the market safe and open. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, online. See July 30 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, online. See July 30 listing.

2 Sunday

MUSIC

The J St. Regulars Radio Hour. Ongoing, 7-8 p.m. Virtual World, online. See July 30 listing.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, online. See July 30 listing.

SPOKEN WORD

Poetry on the Edge. Ongoing, noon. Virtual World, online. See July 30 listing.

EVENTS

Relay For Life Week. . Countywide, Humboldt. Participate in a variety of activities, ceremonies and challenges from Aug. 2-9. www.RelayForLife.org/HumboldtCountyCA.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

MEETINGS

Transformational Readings in the Redwoods. Noon-2 p.m. Virtual World, online. Readings of Paul Selig's *I am the Word*. Email or text for directions to the outdoor firepit at the Redwood River Lodge in Carlotta and observe social distancing. Free. btengineer2011@gmail.com. www.paulselig.com. 298-3466.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, online. See July 30 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, online. See July 30 listing.

3 Monday

LECTURE

Building Citizen Engagement with Climate Change. 7-8 p.m. Virtual World, online. Communication researcher Connie Roser-Renouf talks about how people can discuss climate change and try to solve the problem. Register via Facebook for the Zoom address. Free. dwchandl@gmail.com. www.facebook.com/350humboldt. 677-3359.

White Supremacist Roots of American Environmentalism. 1 p.m. Virtual World, online. Participants will be challenged to think differently about their role in the environmental, sustainability and climate action movements to align with themes of justice and decolonization. Presenters include Kaitlin Reed and Katie Koscielak. Register online. www.tinyurl.com/Y7QDBHAC.

MUSIC

The J St. Regulars Radio Hour. Ongoing, 7-8 p.m. Virtual World, online. See July 30 listing.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, online. See July 30 listing.

SPOKEN WORD

Poetry on the Edge. Ongoing, noon. Virtual World, online. See July 30 listing.

EVENTS

Relay For Life Week. Countywide, Humboldt. See Aug. 2 listing.

FOR KIDS

The Magic of Storytelling. 2-3 p.m. Virtual World, online. Instructors Gwynn Cristobal and Marissa Sanchez. Students explore through theater games, activities and crafts, with a final presentation for family and friends. Via Zoom. \$75. limeartsproductions@gmail.com.

Teen Monologue Masterclass. 6:30-8:30 p.m. Virtual

Continued on next page »



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NCJ CALENDAR

Workshop for Instructional Roles Sanchez shares the foundations of acting techniques, voice and script analysis to build a character monologue for auditions. Via Zoom. \$100. limeartsproductions@gmail.com.

FOOD

Miranda Farmers Market. 2-6 p.m. Miranda Market, 6685 Avenue of the Giants. Farmers and vendors bring fresh food weekly. Visit the NCGA website to view updates and protocols to help keep the market safe and open. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, online. See July 30 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, online. See July 30 listing.

Tabata. 5:30-6:30 p.m. Virtual World, online. See July 31 listing.

4 Tuesday

COMEDY

Savage Henry's BigFish Open Mic via Zoom. 9 p.m. Virtual World, online. Enjoy or participate in some stand-up open-mic Zoom style. Five-minute sets. Zoom: www.us02web.zoom.us/j/86421967992 Password: comedy.

MUSIC

The J St. Regulars Radio Hour. Ongoing, 7-8 p.m. Virtual World, online. See July 30 listing.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, online. See July 30 listing.

SPOKEN WORD

Poetry on the Edge. Ongoing, noon. Virtual World, online. See July 30 listing.

EVENTS

Relay For Life Week. Countywide, Humboldt. See

Aug. 2 listing.

FOR KIDS

The Magic of Storytelling. 2-3 p.m. Virtual World, online. See Aug. 3 listing.

Teen Monologue Masterclass. 6:30-8:30 p.m. Virtual World, online. See Aug. 3 listing.

Tuesday Storytime with Ms. Tamara. Virtual World, online. Posted every Tuesday on Arcata Library's Facebook page, www.facebook.com/HumCoLibraryArcata.

FOOD

Eureka Old Town Farmers Market. 10 a.m.-1 p.m. Old Town, F Street between First and Third streets, Eureka. Fresh produce, plant starts, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

Fortuna Farmers Market. 3-6 p.m. 10th and Main streets, Fortuna. Local farmers bring fresh fruits, vegetables, plants starts, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

Shelter Cove Farmers Market. 11 a.m.-3 p.m. Mario's Marina Bar, 533 Machi Road, Shelter Cove. Farmers and vendors bring a variety of fruits, vegetables, plant starts, flowers and more. Visit the NCGA website to view updates and protocols to help us keep the market safe and open. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, online. See July 30 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, online. See July 30 listing.

An Introduction to Cooperation Humboldt. Noon-1:30 p.m. Virtual World, online. Learn about Cooperation Humboldt, what they do and how to get involved. Via Zoom. www.facebook.com/events/727484131437550.

Restorative Movement. 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, online. See July 30 listing.

5 Wednesday

LECTURE

Meet the Expert. 5 p.m. Virtual World, online. Humboldt-Del Norte Film Commissioner Cassandra Hesseltine interviews film industry professionals and discusses local filming. New videos posted to the film commission's YouTube channel and social media. www.youtube.com/channel/UCsbPoRux80JlzuLUNIBxiw.

MUSIC

The J St. Regulars Radio Hour. Ongoing, 7-8 p.m. Virtual World, online. See July 30 listing.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, online. See July 30 listing.

Relay For Life Virtual Concert Night. 7-9 p.m. Virtual World, online. American Cancer Society's Relay For Life 2020 presents The Gatehouse Well, Jeffrey Smoller, Irie Rockerz and Stereotactix. Purchase tickets and receive Zoom link at www.secure.acsevents.org/site/SPageServer/?pagename=relay_donate_now&FR_ID=96791&fr_id=96791.

SPOKEN WORD

Poetry on the Edge. Ongoing, noon. Virtual World, online. See July 30 listing.

EVENTS

Relay For Life Week. Countywide, Humboldt. See Aug. 2 listing.

FOR KIDS

The Magic of Storytelling. 2-3 p.m. Virtual World, online. See Aug. 3 listing.

Preschool Storytime. 11 a.m. Virtual World, online. See Aug. 1 listing.

Teen Monologue Masterclass. 6:30-8:30 p.m. Virtual World, online. See Aug. 3 listing.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, online. See July 30 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, online. See July 30 listing.

Tabata. 5:30-6:30 p.m. Virtual World, online. See July 31 listing.

Weekly Check-in with Rep. Huffman. noon. Virtual World, online. Rep. Jared Huffman (D-San Rafael) will hold Facebook Live check-ins to engage with his constituents on the latest updates regarding the novel coronavirus pandemic and to answer questions about the federal response. More information at www.huffman.house.gov/coronavirus. Free. www.facebook.com/rephuffman.

6 Thursday

MUSIC

The J St. Regulars Radio Hour. Ongoing, 7-8 p.m. Virtual World, online. See July 30 listing.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, online. See July 30 listing.

SPOKEN WORD

Poetry on the Edge. Ongoing, noon. Virtual World, online. See July 30 listing.

EVENTS

Relay For Life Week. Countywide, Humboldt. See Aug. 2 listing.

FOR KIDS

Fortuna Library Recorded Readings. Virtual World, online. See July 30 listing.

The Magic of Storytelling. 2-3 p.m. Virtual World, online. See Aug. 3 listing.

Teen Monologue Masterclass. 6:30-8:30 p.m. Virtual World, online. See Aug. 3 listing.

Virtual Junior Rangers. 11:30 a.m. Virtual World, online. See July 30 listing.

FOOD

Eureka Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See July 30 listing.

McKinleyville Farmers Market. 3-6 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. See July 30 listing.

Willow Creek Farmers Market. 6 p.m. Veteran's Park, 135 Willow Road, Willow Creek. See July 30 listing.

OUTDOORS

Live from Behind the Redwood Curtain. Ongoing, 3-3:30 p.m. Virtual World, online. See July 30 listing.

ETC

English Express: An English Language Class for Adults. Ongoing. Virtual World, online. See July 30 listing.

Restorative Movement. 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, online. See July 30 listing.

Heads Up

The Redwood Discovery Museum is seeking donations to keep it going. Make a tax-deductible, one-time or recurring donation through the museum's secure online portal www.discovery-museum.org/donate.html. Or email or call 443-9694.

The Honeydew Volunteer Fire Company seeks donations for life saving medical equipment, trainings, fire trucks and firefighting equipment and supplies typically funded by the canceled annual Roll on the Mattole. Send donation to: HVFC, P.O. Box 74, Honeydew, CA 95545. All donations go to HVFC.

The city of Eureka is accepting donated face coverings. Homemade cloth masks, no-sew masks, bandanas and elastic hair ties will be sanitized and distributed to St. Vincent de Paul, the Eureka Rescue Mission and the Betty Kwan Chinn Day Center. Donation box outside the main entrance of Eureka City Hall at 531 K St. weekdays from 8:30 a.m. to noon and 1 to 4 p.m.

Area 1 Agency on Aging Partners and the Friendship Line offer support to seniors. Older adults can call the toll-free "warm line" (1-888-670-1360) for a friendly listening ear and emotional support for those facing loneliness, isolation or anxiety, including concerns about COVID-19. Both the new number and the 24-hour, toll-free Friendship Line (1-800-971-0016) will take inbound calls, as well as offer pre-scheduled outbound call service.

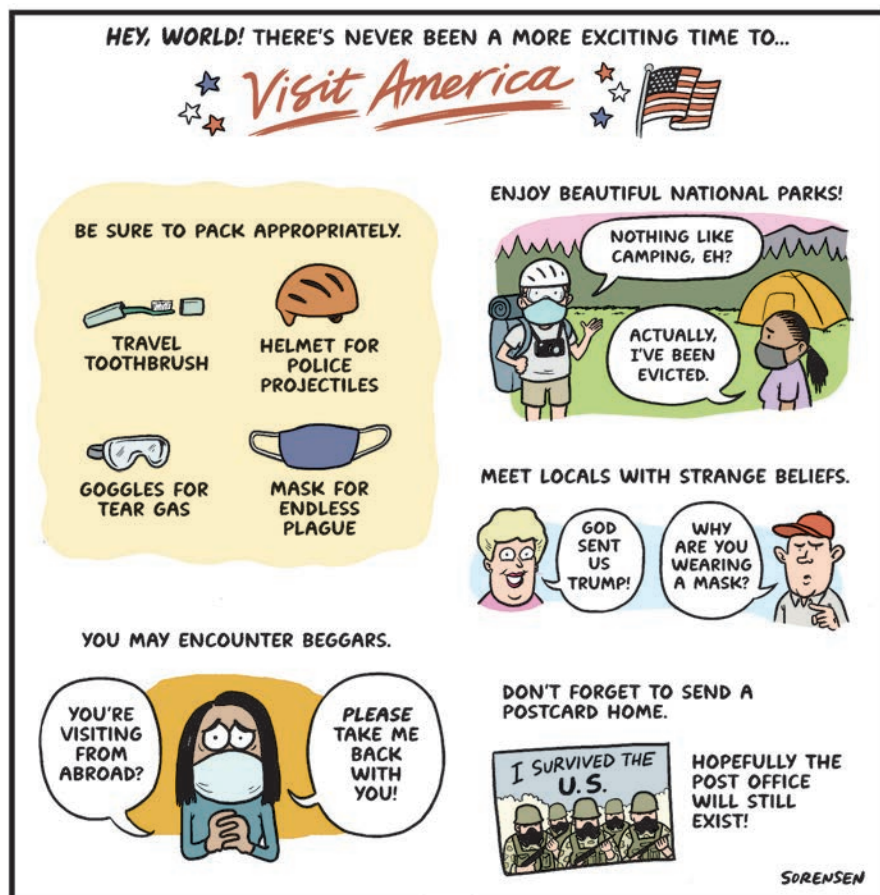
Redwood Community Action Agency is offering help with energy bills, the purchase of propane, firewood, pellets or kerosene for low to moderate income households. Call 444-3831, extension 202. www.rcaa.org. 445-0881.

Humboldt County free school meals are available. For a complete list of all district meal times and distribution locations, visit the Humboldt County Office of Education's website: www.hcoe.org/covid-19/school-meal-times-and-locations.

Northern California Community Blood Bank: You can make an extremely essential outing and safely donate at locations around Humboldt. Blood mobiles and the blood center are set up for social distancing. Visit www.nccbb.net for the schedule.

Donations of PPE can be made at Mad River Community Hospital's main entrance Monday through Friday, noon

NCJ CARTOON



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to 2 p.m. Facilities in need of masks can reach out to the Facebook group Humboldt Coronavirus Mask Makers for donations.

SoHum Health's hospital and clinic staff are calling seniors residing in the area to offer a wellness check, information on grocery delivery services via the Healy Senior Center, prescription refills and delivery, and Tele-health visits with their clinic providers, if needed. Don't wait for a call, contact SoHum Health's Senior Life Solutions at 922-6321.

Dancing Stars of Humboldt offers three scholarships to dancers of all ages and styles in Humboldt County. Apply by Aug. 1. Information and applications at www.dancingstarsofhumboldt.com. Scholarships will be awarded in October.

KMUD Redwood Community Radio is accepting submissions for its Virtual Talent Show through Aug. 2. Children and adults who reside in Humboldt, Trinity, Del Norte and Mendocino counties can enter with any talent. The show goes live for viewing and voting on Aug. 10. Go to www.kmud.org, @kmudradio on Instagram, @kmud on Twitter or KMUD's Facebook page to enter. For more information about this showcase, email kmudkeenav@gmail.com.

Children and their families can sign up for summer reading and get free craft activity kits during curbside pickup hours at all Humboldt County Library locations while supplies last. Sign up online at www.humboldt.gov.org/1502/Summer-Reading-Club or during curbside pickup at any library.

The Humboldt and Del Norte County 4-H Program is offering a free curriculum and virtual field trips designed for kids 9-18, ranging from arts and crafts to cooking and livestock to bees. Visit www.cehumboldt.ucanr.edu/Programs/4-H_Program_270 or follow @Humboldt-County4H and @DelNorteCounty4H Facebook pages for daily activity uploads.

The city of Arcata is offering free delivery of \$25 backyard compost bins. Email eservices@cityofarcata.org or by calling 822-8184. Proof of Arcata residency required. Free oil recycling drain pans for Arcata residents can be picked up from City Hall 11 a.m.-5 p.m. For more information on zero waste practices, visit www.cityofarcata.org.

The Arcata School District Summer Meals Program runs through Aug. 24 at Arcata Elementary School, Sunny Brae Middle School and five community sites. All children 18 and under and people 21 and under who are disabled are welcome to free meals on weekdays, with breakfast and lunch served in one bag. The main serving site will be Arcata Elementary (noon to 1 p.m.), augmented by the following mobile sites: 2575 Alliance Road (11-11:20 a.m.), Sunny Brae Middle School (11:30-11:50 a.m.), Rotary Park (noon-12:10 p.m.), Greenview Park (12:25-12:35 p.m.), Manila Park (12:45-1:05 p.m.) and Phillips Court in Manila (1:10-1:15 p.m.). The schedule is subject to change. Call 839-5219 with any questions.

The city of Eureka is reaching out to the community for photos and memories of Sequoia Park and its playground or the Sequoia Park Zoo for the Sequoia Park Improvement Project. Send submissions by email to sequoiaparkmemories@ci.eureka.ca.gov, upload to www.sequoiaparkmemories.com or mail to Sequoia Park Memories, c/o Adorni Community Center, 1011 Waterfront Drive, Eureka, CA 95501.

The Humboldt County Animal Shelter will be closed to the public during shelter in place order, though staff will take calls Monday through Friday from 8 a.m. to 4:30 p.m. Adoptions by appointment. If your pet is impounded at the shelter, call 840-9132 to leave a message to make pick-up arrangements.

NCJ SCREENS



Lean in.

The Assistant

Dirty Jobs

The Assistant's brutal efficiency

By John J. Bennett

screens@northcoastjournal.com

THE ASSISTANT. Jane (Julia Garner) is often just trying to eat. Arriving at the office in the dismal Manhattan pre-dawn, she finally gets a second to wolf down a bowl of Froot Loops when her menacing, unseen boss arrives, curtailing her would-be breakfast. Later, when she brings lunch for herself and her male deskmates (because of course it's her responsibility), she can't even take a bite before one of them complains he wanted chicken instead of turkey. Cleaning up after a mid-morning meeting, she scavenges a left-behind doughnut but is caught in the act; we don't know if she got the chance to finish it. After working all day and into the night, she microwaves a TV dinner in resignation. As she contemplates the glop and we consider its symbolism, the boss informs her by phone from an adjacent office that she may go. She dumps the dinner, decamps to a diner and buys the world's saddest muffin. Having been too caught up at work to call her dad on his birthday, she does so belatedly. The truncated, superficial call interrupts her last attempt at sustenance and solace. The muffin is hastily, exhaustively wrapped up and stuffed away so she can begin the trudge back to Astoria and start the process all over again.

The Assistant is the most concise, composed, controlled movie I've seen this year. There is not a frame out of place, not a note of music until its prescribed moment. Even the dialogue is ultra-minimal, much of it almost sub-audible, picked up at a distance from phone receivers and through office walls. So I can't help but believe that Jane's attempts to feed herself (and the food she chooses) are an important element of both her character and the narrative within which she is situated. Fresh-faced but confident, competent, it is obvious that she is young (a recent college graduate maybe), but her seeking out vividly colorful breakfast cereal, doughnuts, blueberry muffins all seem to speak to an inner child not allowed to live in the world. Even her choice of a microwavable dinner to consume at her desk feels like the decision of a kid acting as she thinks an adult would. Further, she never gets a chance to actually relish the foods she selects, that she wants. The world of supposed grown-up responsibility, of steaming glop in a tray, intercedes. She can dump the Salisbury steak in favor of an unfinished baked good, but it will still

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NCJ SCREENS

Continued from previous page

be there in the waste-paper basket, figuratively if not literally, when she returns to work in tomorrow's gray beginning, ad infinitum.

The first scripted feature from writer-director Kitty Green, who previously made the documentaries *Ukraine Is Not a Brothel* (2013) and *Casting JonBenet* (2017), *The Assistant* places us just outside Jane's point of view, following her at close distance, observing her like a fly on the wall as she moves through one only-slightly horrible, traumatic workday in the New York office of, presumably, a prominent movie studio boss. She makes travel arrangements, tidies the inner office, collates P&Ls and production schedules, pays bills. But she also gathers up used needles, restocks injectable erectile dysfunction meds — I had to look that one up; shudder — fields irate phone calls from the mogul's wife because her senior coworkers are cowards and is alternately berated and praised (via room-to-room emails) by the pointedly unseen man himself. Oh, and she has to spend some time cleaning genetic material from his office couch. As it becomes painfully clear what's going on with the young actresses whose headshots she frequently delivers, and with the innocent just flown in from Boise, Jane takes it upon herself to say something. But the mercenary head of HR (Matthew Macfadyen), by turns cajoling and condemnatory, spins her own words out and against her until she is ashamed of even arriving but excited at the prospect of a bright future with the company. The snare gets tighter the more she struggles, but what is the alternative?

The Assistant is clearly drawn from the recent, long overdue outing of a number of predatory sex criminals in the entertainment industry, Harvey Weinstein in particular. But it also speaks to the barrier to entry for women into the halls of power at large. Jane's ambition is to be a producer; she isn't a Hollywood starlet type. She won't be targeted by the boss to trade her body for career opportunities. Instead, she will be subjected to constant degradation, she will have to outwork and outperform her male counterparts, sell out other women and wait for occasional faint praise as a sop to her exhaustion and sorrow.

She might get one bite of muffin after she scrubs semen out of a cushion and tomorrow will do it all over again. R. 87M. STREAMING ON DEMAND.

John J. Bennett is a movie nerd who loves a good car chase and prefers he/him pronouns.

NCJ FIELD NOTES

Nine Puzzles

By Barry Evans

fieldnotes@northcoastjournal.com

This time of year in the *Journal* means puzzles in Field Notes. Given the sheltering situation these days, it might be more important than usual to exercise your brain muscles, in the event the lockdown is making those 86 billion neurons in your skull to atrophy (trust me, I counted). If you have trouble with any of the following, ask a pre-teen kid for help. At that age, they're generally better at "aha" puzzles.

Farmer's Fence: A farmer asks an engineer, a physicist and a mathematician to build a fence that encloses the most area with the least length of fence.

The engineer builds a circular fence, so as to maximize the area per length of fence on a two-dimensional plane.

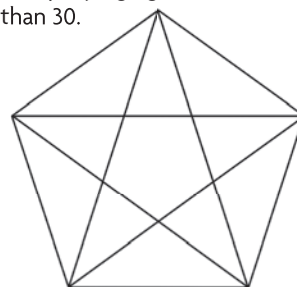
The physicist builds a fence around the equator (some of it floating, of course) to maximize the area per length of fence on a sphere.

What does the mathematician do to win the challenge?

Dog Crossing: A man calls his dog from the far side of a wide river. No bridge, no ferry. The dog immediately crosses the river without getting wet. How?

Not Twins: Two people were born on the same day of the same year. They share the same father and same mother, yet they're not twins. Explain.

Triangles: How many triangles are in the accompanying figure? Hint: There are more than 30.



Manhole: Why is a manhole (person-hole?) cover round, not square?

Impossible: How can you create the "impossible figure" in the photo?



Tennis Tournament: The local tennis club had 125 entrants for its annual singles elimination tournament. In the first round, 62 games were played to eliminate about half the contestants (the odd man had a bye, that is, he or she moved to the second round without playing); in the second round a further quarter were eliminated, and so on until the winner emerged. How many matches were played?

Six Letters: Cross out six letters to make what common word? B S A I N X L E A T N T E A R S

Tempus Fugit: In the sentence "Time flies like an arrow," is the word "Time" a noun, adjective or verb?

Barry Evans (barryevans9@yahoo.com) gratefully receives new (and old) puzzles for use here.

Answers: Farmer's Fence: The mathematician declares himself outside, thus enclosing (almost) the entire surface of Earth. Dog Crossing: The river is frozen. Not Twins: They're two of three triplets. Triangles: 35. (You might have guessed this from the hint, and from the fact that the five-fold symmetry of the figure means that any answer must be a multiple of five.) Manhole: A square cover could fall into the hole. (Round is also stronger, weight for weight.) Impossible: Cut yourself an inch-wide strip from a letter-size sheet of paper and play — it's easy to figure out. Tennis Tournament: 124, the number of players who had to be eliminated. Six Letters: BANANA. Tempus Fugit: Yes, it is!

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OLLI ONLINE: CONSPIRACY STUDIES: A JOURNALISTIC APPROACH TO MODERN HISTORY WITH STEVEN SAINT THOMAS. Participants will combine historical research methods with investigative journalism techniques to study the validity of various conspiracy theories. Tues., Aug. 4-25 from 6-7:30 p.m. OLLI Members \$45. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0730)

OLLI ONLINE: HUMBOLDT HISTORY DOUBLE FEATURE WITH JERRY ROHDE. Watch two OLLI programs for the price of one! We'll start off with "Geography of Place," which shows how cultural and physical geography are connected by the concept of "place." Then we'll look at "Striking Structures," a tour of some of the county's best. Sat., Aug. 8 from 1-3 p.m. OLLI Members \$15. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0730)

OLLI ONLINE: OVERCOMING CLIMATE ANXIETY ACROSS GENERATIONS WITH SARAH JAQUETTE RAY. Coronavirus and climate change cause anxiety for many of us, but depending on our age, we may worry about them differently, or for different reasons. Get strategies for coping. Thurs., Aug. 6 from 1-3 p.m. OLLI Members \$15. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0730)

OLLI ONLINE: THE PSYCHOLOGY OF MORTALITY AWARENESS: LIVING AND LOVING WITH DEATH ANXIETY WITH DR. BRIAN MISTLER. Knowledge of our own mortality plays a key role in human life, evidenced across time and traditions. Together we'll survey philosophical, religious, and poetic reflections on mortality, review modern psychological research examining the impact of thinking. Tues., Aug. 4 from 1-3 p.m. OLLI Members \$20. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0730)

OLLI ONLINE: VISIT THE WORLD'S MUSEUMS - VIRTUALLY! WITH JULIA ALDERSON. Explore some of the most important museums, enjoy their collections, special exhibitions, and even architecture. Classes can be taken as a series or individually. Series: Wed., Aug. 5-19 from 1-3 p.m. OLLI Members \$40. Individual classes are \$15 each for OLLI members. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0730)

Spiritual

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SOTO ZEN MEDITATION Sunday programs and weekday meditation in Arcata locations; Wed evenings in Eureka, arcatazengroup.org Beginners welcome, call for orientation. (707) 826-1701 (S-1231)

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Vocational

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FREE LIVING SKILLS FOR ADULTS WITH DISABILITIES Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0924)

PHARMACY TECHNICIAN (ONLINE) Sep 12, 2020 - Feb 6, 2021. Online informational meetings will be held Aug 8th & 18th. Visit <https://www.redwoods.edu/communityed/Online> or call CR Workforce & Community Education for more information at (707) 476-4500. (V-0730)

REAL ESTATE CORRESPONDENCE Become a Real Estate Agent. Start anytime! Visit <https://www.redwoods.edu/communityed/Real-Estate> or call CR Workforce & Community Education for more information at (707) 476-4500. (V-0730)

Wellness & Bodywork

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YOUR CLASS HERE



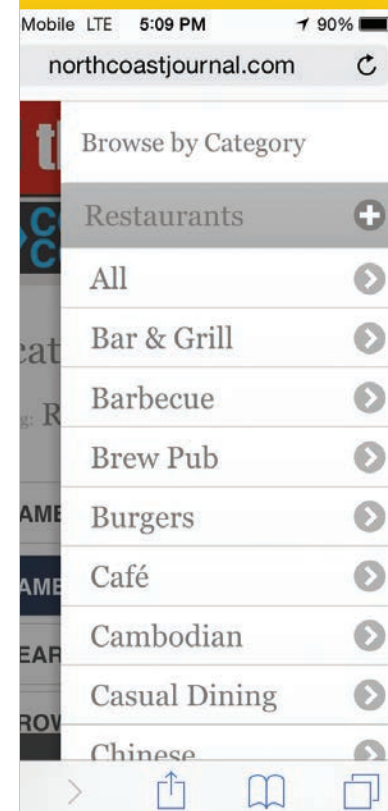
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**NOTICE OF PETITION TO
ADMINISTER ESTATE OF BETTY
JEAN MORTON CASE NO.
PR2000138**

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of BETTY JEAN MORTON A PETITION FOR PROBATE has been filed by Petitioner, MICHAEL P. CUNNINGHAM aka MICHAEL CUNNINGHAM

In the Superior Court of California, County of Humboldt. The petition for probate requests that MICHAEL P. CUNNINGHAM aka MICHAEL CUNNINGHAM

be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 13, 2020 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition

or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
Thomas B. Hjerpe, Esq.
Law Office of Hjerpe & Godhino, LLP
350 E Street, 1st Floor
Eureka, CA 95501
707-442-7262
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

7/16, 7/23, 7/30 (20-166)

**PUBLISHED NOTICE OF
SEIZURE AND JUDICIAL
FORFEITURE**

On June 12th, 2020, Agents from the Humboldt County Drug Enforcement Unit seized property for forfeiture from 480 Patricks Point Road in Trinidad, California, in connection with controlled substance violations, to wit, Section 11378 of the Health and Safety Code of California. The seized property is described as: \$484,821.00 in U.S. Currency. Control Number 20-F-25 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

If your claim is not timely filed, the Humboldt County District Attorney will declare the property described in this notice to be forfeited to the State and it will be disposed of as provided in Health and Safety Code Section 11489.

7/23, 7/30, 8/6 (20-170)

**PUBLISHED NOTICE OF
SEIZURE AND JUDICIAL
FORFEITURE**

On June 16th, 2020, Agents from the Humboldt County Drug Enforcement Unit seized property for forfeiture from 2031 Eich Road, Eureka, California, in connection with controlled substance violations, to wit, Section 11351 of the Health and Safety Code of California. The seized property is described as: \$229,880.00 in U.S. Currency. Control Number 20-F-27 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-172)

**PUBLISHED NOTICE OF
SEIZURE AND JUDICIAL
FORFEITURE**

On June 16th, 2020, Agents from the Humboldt County Drug Enforcement Unit seized property for forfeiture from 250 5th Street, Eureka, California, in connection with controlled substance violations, to wit, Section 11351 of the Health and Safety Code of California. The seized property is described as: \$140,154.00 in U.S. Currency. Control Number 20-F-27 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-171)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On March 10th, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11351 of the Health and Safety Code of California from Highway 101 @ Murray Road, in McKinleyville, California. The seized property is described as: \$9,120.00 US currency and Control Number 20-F-13 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

If your claim is not timely filed, the Humboldt County District Attorney will declare the property described in this notice to be forfeited to the State and it will be disposed of as provided in Health and Safety Code Section 11489.

7/23, 7/30, 8/6 (20-174)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On April 13th, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11366 of the Health and Safety Code of California from US-101 just south of McCullens Avenue in Eureka, California. The seized property is described as: \$3,115.00 US currency and Control Number 20-F-17 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-178)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On June 21st, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11352 of the Health and Safety Code of California from C Avenue in McKinleyville, California. The seized property is described as: \$8,745.00 US currency and Control Number 20-F-28 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-187)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On May 27th, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11359 of the Health and Safety Code of California from APN#: 208-341-022-000 in California. The seized property is described as: \$12,729.00 US currency and Control Number

20-F-22 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney

7/23, 7/30, 8/6 (20-183)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On July 7th, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11351 of the Health and Safety Code of California from 14th and F Streets in Eureka, California. The seized property is described as: \$3,621.00 US currency and Control Number 20-F-20 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-181)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On June 18th, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11352 of the Health and Safety Code of California from Fernbridge Drive in Fernbridge, California. The seized property is described as: \$2,326.00 US currency and Control Number 20-F-23 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-184)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On June 3rd, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11351 of the Health and Safety Code of California from Tobacco Road in Petrolia, California. The seized property is described as: \$8,745.00 US currency and Control Number 20-F-26 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-186)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On February 6th, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11359 of the Health and Safety Code of California from Arcata, California. The seized property is described as: \$5,330.00 US currency and Control Number 20-F-14 has been assigned to this case. Use this

number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-175)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On April 15th, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11351 of the Health and Safety Code of California from E Street in Eureka, California. The seized property is described as: \$3,139.00 US currency and Control Number 20-F-19 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-180)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On January 29th, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11352 of the Health and Safety Code of California from Fairfield Street in Eureka, California. The seized property is described as: \$17,080.00 US currency and Control Number 20-F-15 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-176)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On February 5th, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11351 of the Health and Safety Code of California from West Hawthorne Street in Eureka, California. The seized property is described as: \$3,037.00 US currency and Control Number 20-F-16 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-177)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On May 26th, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11359 of the Health and Safety Code of California from APN#: 530-141-002-000 in Weitchpec, California. The seized property is described as: \$7,443.00 US currency and Control Number 20-F-21 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the

Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-182)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On May 20th, 2020, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11351 of the Health and Safety Code of California from Moon Drive in Hoopa, California. The seized property is described as: \$4,220.00 US currency and Control Number 20-F-24 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney.

7/23, 7/30, 8/6 (20-185)

**IN THE SUPERIOR COURT OF
THE STATE OF WASHINGTON
IN AND FOR THE COUNTY OF
KING, JUVENILE DEPARTMENT
IN RE THE DEPENDENCY OF:
ZANE XAVEOUR-ZAQION
BLASINGAME
DOB: 04/14/2004
NO: 19-7-02656-0 KNT
NOTICE OF HEARING**

TO: Vanessa B. Blasingame, Mother; Unknown Father , and/or anyone claiming parental/paternal rights or interest in the child and to All Whom It May Concern:

On November 8, 2019, a petition for Dependency was filed in the above entitled Court, pursuant to RCW 13.34.080 and/or RCW 26.33.310 regarding the above named child.

[FOR FURTHER INFORMATION, CALL 253-372-5738, 8:00 a.m. - 4:30 p.m.]

Said Petition will be heard on August 25, 2020, at the hour of 8:15 a.m., at Regional Justice Center Courthouse, Rm 1-L, 401 4th Ave North, Kent, WA 98032. Appearance at this hearing is required and may be in person or by telephone. Parties may appear by telephone by calling 206-263-8114 and using the following PIN number to join the call: for Kent cases - 3026939#, before a judge of the above entitled court, at which time you are directed to appear and answer the said petition or the petition will be granted and action will be taken by the court such as shall appear to be for the welfare of the said child.

Dated July 20, 2020.

BARBARA MINER
KING COUNTY
SUPERIOR COURT CLERK

BY: AMD, Deputy Clerk

7/23, 7/30, 8/6 (20-173)

LEGALS?
442-1400 x314

NOTICE OF SALE PUBLIC AUCTION

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700-21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell the following tenants' units at a public auction by competitive bidding on August 7th, 2020 at noon, on the premises where said property has been stored and which are located at South Bay Mini-Storage, 2031 Eich Road, Eureka, County of Humboldt, State of California, as follows. Household and miscellaneous items to be sold include but are not limited to the following:

Unit#120 Ryan Moon -Bookshelf, camping gear, end table, dvds
Unit#326 Candie Kiggins - Scooters, tools, flower pots
Unit#340 Dora Bateman -Fishing gear, tool box, camping gear, dolls
Unit#417 Eva Barber - Womens clothes
Unit#456 Alma Ahumada-Mendoza - Clothes, TV, TV stand
Unit#525 Marianne Henderson - TV, bed frame, furniture, dishes, frames, rugs
Unit#701 Sirrena Harvey -crib, furniture, stereo receiver, toys, camping gear
Unit#827 Sirrena Harvey - furniture, camping gear, gardening pots, tools

Purchases must be paid for at the time of purchase in cash only. All purchased items are sold "as is" and must be removed from the premises within 24 hours. Sale is subject to cancellation in the event of a settlement between owner and obligated party. Deposit of \$100.00 is required on each unit purchased. Bring a flashlight and padlock(s). Dated this 23rd and 30th day of August 2020.
CA BOND NO. 0336118

7/23, 7/30

PUBLIC NOTICE

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien on said property pursuant to section 21700-21717 of the Business and Professions Code section 2328 of the UCC section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at public sale by the competitive bidding on the 8th day of August, 2020 at 11:30 am on the premises where the said property has been stored and which is Sutter Central Storage, 1649 Sutter Road, McKinleyville, CA, County of Humboldt the following:

#13 Grace Taloff
#19 Dorothy Matthias
#145-#146 B Unit
#180 Christopher Barkus
#301 Nathan Kerns
#416 Teri Ray

#433 B Unit
#581 Holly Upshaw
#601 Linda Cardoza
#725 Lisa Cowan
#831 Alexis Hopkins

Purchase must be paid for at the time of sale in cash only. Anyone interested in attending the auction must sign in prior to 11:30 am on the day of the auction, no exceptions. All purchase items sold as-is, where-is and must be removed within 48 hours of sale. Sale is subject to cancellation in the event of settlement between the owner and the obligated party.

Auctioneer: David Johnson bond #9044453

Dated this 30th day of July and 6th day of August, 2020

7/30,8/6 (20-195)

PUBLIC NOTICE

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien on said property pursuant to sections 21700-21717 of the Business and Professions Code section 2328 of the UCC section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at public sale by the competitive bidding on the 8th day of August, 2020 at 10:00 am on the premises where the said property has been stored and which is Mad River Storage Center, 1400 Glendale Drive, McKinleyville, CA, County of Humboldt the following:

#55 Josh Stafford
#120 Jennifer Cooper
#136 Wrangler Walker
#163 Kevin Hale
#211 Danyta Hill
#236 Sarah Williams

Purchases must be paid for at the time of sale in cash only. Anyone interested in attending the auction must sign in prior to 10:00 am on the day of the auction, no exceptions. All purchase items sold as-is, where-is and must be removed within 48 hours of sale. Sale is subject to cancellation in the event of settlement between the owner and the obligated party.

Auctioneer: David Johnson bond #9044453

Dated this 30th day of July and 6th day of August, 2020

07/30, 08/06/2020

7/30, 8/6 (20-198)

FICTITIOUS BUSINESS NAME STATEMENT 20-00268

The following person is doing Business as
T & C TRACTOR SERVICES

Humboldt
1232 5th Street
Eureka, CA 95501

511 Glenwood Lane
McKinleyville, CA 95519

Steven M Schuette
511 Glenwood Lane
McKinleyville, CA 95519

The business is conducted by an Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Steven Schuette, Owner
This June 10, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/9, 7/16, 7/23, 7/30 (20-154)

FICTITIOUS BUSINESS NAME STATEMENT 20-00310

The following person is doing Business as
KUDA CANNABIS

Humboldt
920 Samoa Blvd, Suite 219
Arcata, CA 95521

Indra Valley Strategic Marketing Group, LLC
California 201711110520
920 Samoa Blvd, Suite 219
Arcata, CA 95521

The business is conducted by a Limited Liability Company. The date registrant commenced to transact business under the fictitious business name or name listed above on July 7, 2017 I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Max Petras, Member/Manager
This June 24, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/9, 7/16, 7/23, 7/30 (20-157)

FICTITIOUS BUSINESS NAME STATEMENT 20-00311

The following person is doing Business as
LOW & SLOW BBQ

Humboldt
313 Chartin Rd.
Blue Lake, CA 95525

684 Redmond Rd.
Eureka, CA 95503

Bill P Strand
684 Redmond Rd.
Eureka, CA 95503

The business is conducted by an Individual. The date registrant commenced to

transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Bill Strand, Sole Proprietor
This June 24, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/9, 7/16, 7/23, 7/30 (20-164)

FICTITIOUS BUSINESS NAME STATEMENT 20-00314

The following person is doing Business as
HUMBOLDT APOTHECARY

Humboldt
953 Ox Road
Trinidad, CA 95570

600 F Street Suite 3-1010
Arcata, CA 95521

In Clover Management Services, Inc.
CA 4080862
953 Ox Road
Trinidad, CA 95570

The business is conducted by a Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on June 12, 2020 I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Gillian Levy, Managing Director
This June 23, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/9, 7/16, 7/23, 7/30 (20-163)

FICTITIOUS BUSINESS NAME STATEMENT 20-00317

The following person is doing Business as
YOUTH ART WILL SUCCEED

Humboldt
2500 Spring St.
Eureka, CA 95501

The business is conducted by an Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to

Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Aundrea K. Stuckey, Owner
This June 26, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/16, 7/23, 7/30, 8/6 (20-164)

FICTITIOUS BUSINESS NAME STATEMENT 20-00318

The following person is doing Business as
ANNIE'S CAMBODIAN CUISINE

Humboldt
1917 5th Street
Eureka, CA 95501

Chin T Chau
5423 Alpine Ct.
Eureka, CA 95503

Sithol H Chau
5423 Alpine Ct.
Eureka, CA 95503

The business is conducted by a Married Couple. The date registrant commenced to transact business under the fictitious business name or name listed above on June 26, 2020 I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Chin T. Chau, Owner
This June 26, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/9, 7/16, 7/23, 7/30 (20-155)

FICTITIOUS BUSINESS NAME STATEMENT 20-00319

The following person is doing Business as
STRENGTH AND SPINE CHIROPRACTIC

Humboldt
310 3rd St Suite A
Eureka, CA 95501

PO Box 351
Cutten, CA 95534

John P Buechner
3532 Nevada St
Eureka, CA 95503

The business is conducted by an

Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s John Buechner, Doctor of Chiropractic
This June 29, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-194)

FICTITIOUS BUSINESS NAME STATEMENT 20-00334

The following person is doing Business as
FORTUNA WHEEL AND BRAKE SERVICE

Humboldt
440 S Fortuna Blvd
Fortuna, CA 95540

Ryan A Walters
3326 Kenmar Rd
Fortuna, CA 95540

The business is conducted by an Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on August 25, 2008 I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Ryan A Walters, Owner
This July 8, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/23, 7/30, 8/6, 8/13 (20-169)

FICTITIOUS BUSINESS NAME STATEMENT 20-00337

The following person is doing Business as
RED DIAMOND TABLEWARE RENTALS

Humboldt
3360 Gross Street
Eureka, CA 95503

Pang Y Lo



REQUEST FOR BIDS

First 5 Humboldt requests bids for Home Visiting Project Coordination. See www.first5humboldt.org for details. Proposals due July 27th, 2020

LEGAL NOTICES

3360 Gross Street
Eureka, CA 95503

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Pang Lo, Proprietor
This July 8, 2020
KELLY E. SANDERS
by kt, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-191)

Let's Be Friends



FICTITIOUS BUSINESS NAME
STATEMENT 20-00349

The following person is doing Business as
DIAMOND NAIL STUDIO

Humboldt
2341 Fern Street Suite C
Eureka, CA 95503

Felicia S Watson
847 P Street
Eureka, CA 95501

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Felicia Simone Watson, Owner
This July 13, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-193)

FICTITIOUS BUSINESS NAME
STATEMENT 20-00352

The following person is doing Business as
THE GRIND CAFÉ

Humboldt
734 5th St
Eureka, CA 95501

John D Pegg
1465 Murray Rd
McKinleyville, CA 95519

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s John D Pegg, Owner
This July 14, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/23, 7/30, 8/6, 8/13 (20-188)

FICTITIOUS BUSINESS NAME
STATEMENT 20-00355

The following person is doing Business as
WHOLISTIC BODYWORK

Humboldt
30 Esther Lane
Arcata, CA 95521

Terra Pearson
30 Esther Lane
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on June, 26, 2019
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Terra Pearson, Owner/Massage Therapist
This July 14, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/23, 7/30, 8/6, 8/13 (20-190)

FICTITIOUS BUSINESS NAME
STATEMENT 20-00338

The following person is doing Business as
HUMBOLDT HOME MAINTENANCE & CONSTRUCTION

Humboldt
483 Madison St
Eureka, CA 95503

Robert H Borck
483 Madison St
Eureka, CA 95503

Teresa J Borck
483 Madison St
Eureka, CA 95503

The business is conducted by a Married Couple.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Robert H Borck, Owner
This July 8, 2020
KELLY E. SANDERS
by kt, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-192)

FICTITIOUS BUSINESS NAME
STATEMENT 20-00365

The following person is doing Business as
HONEY BEE HUMBOLDT

Humboldt
2351 Westwood Ct Apt H5
Arcata, CA 95521

PO Box 296
Arcata, CA 95518

Samantha R Lyles
2351 Westwood Ct Apt H5
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on April 26, 2019
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Samantha Lyles, Owner/Creator
This July 22, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-196)

FICTITIOUS BUSINESS NAME
STATEMENT 20-00364

The following person is doing Business as
**PROJECT GARDEN BOX LLC/
HUMBOLDT DIRT**

Humboldt
3107 Table Bluff Rd
Loleta, CA 95551

Project Garden Box LLC
California 202009310670
3107 Table Bluff Rd
Loleta, CA 95551

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on July 1, 2020
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Sheila M. Richards, Manager
This July 22, 2020
KELLY E. SANDERS
by tn, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-199)

County Public Notices
Fictitious Business
Petition to
Administer Estate
Trustee Sale
Other Public Notices

FICTITIOUS BUSINESS NAME
STATEMENT 20-00360

The following person is doing Business as
THE SIREN SONG TAVERN

Humboldt
325 2nd St.
Eureka, CA 95501

John D Pegg
1465 Murray Rd,
McKinleyville, CA 95519

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s J.D. Pegg, Owner
This July 21, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk

7/30, 8/6, 8/13, 8/20 (20-197)

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME
KAILEE JADE GAITAN
CASE NO. CV2000668
SUPERIOR COURT OF CALI-
FORNIA, COUNTY OF
HUMBOLDT 825 FIFTH ST.
EUREKA, CA. 95501**

PETITION OF:
KAILEE JADE GAITAN
for a decree changing names as follows:
Present name
KAILEE JADE GAITAN
to Proposed Name
KYLEE JADE
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: August 21, 2020
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: July 7, 2020
Filed: July 8, 2020
/s/ Kelly L. Neel
Judge of the Superior Court

7/16, 7/23, 7/30, 8/6 (20-165)

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Free Will Astrology

Week of July 30, 2020

By Rob Breznsy
freewillastrology@freewillastrology.com

ARIES (March 21-April 19): Aries poet Lawrence Ferlinghetti is renowned for his buoyancy. In one of his famous lines, he wrote, “I am awaiting, perpetually and forever, a renaissance of wonder.” Here’s what I have to say in response to that thought: Your assignment, as an Aries, is NOT to sit there and wait, perpetually and forever, for a renaissance of wonder. Rather, it’s your job to embody and actualize and express, perpetually and forever, a renaissance of wonder. The coming weeks will be an especially favorable time for you to rise to new heights in fulfilling this aspect of your life-long assignment.

TAURUS (April 20-May 20): I live in Northern California on land that once belonged to the indigenous Coast Miwok people. They were animists who believed that soul and sentience animate all animals and plants as well as rocks, rivers, mountains—everything, really. Their food came from hunting and gathering, and they lived in small bands without centralized political authority. According to one of their creation stories, Coyote and Silver Fox made the world by singing and dancing it into existence. Now I invite you to do what I just illustrated: Find out about and celebrate the history of the people and the place where you live. From an astrological perspective, it’s a favorable time to get in touch with roots and foundations.

GEMINI (May 21-June 20): “When I look down, I miss all the good stuff, and when I look up, I just trip over things,” says singer-songwriter Ani DiFranco. I wonder if she has tried an alternate approach: looking straight ahead. That’s what I advise for you in the coming weeks, Gemini. In other words, adopt a perspective that will enable you to detect regular glimpses of what’s above you and what’s below you—as well as what’s in front of you. In fact, I suggest you avoid all extremes that might distract you from the big picture. The truth will be most available to you if you occupy the middle ground.

CANCER (June 21-July 22): The Italian word *nottivago* refers to “night roamers”: people who wander around after dark. Why do they do it? What do they want to accomplish? Maybe their ramblings have the effect of dissolving stuck thoughts that have been plaguing them. Maybe it’s a healing relief to indulge in the luxury of having nowhere in particular to go and nothing in particular to do: to declare their independence from the obsessive drive to get things done. Meandering after sundown may stir up a sense of wild freedom that inspires them to outflank or outgrow their problems. I bring these possibilities to your attention, Cancerian, because the coming days will be an excellent time to try them out.

LEO (July 23-Aug. 22): “Notice what no one else notices and you’ll know what no one else knows,” says actor Tim Robbins. That’s perfect counsel for you right now, Leo. According to my analysis of the astrological omens, your perceptiveness will be at a peak in the coming weeks. You’ll have an ability to discern half-hidden truths that are invisible to everyone else. You’ll be aggressive in scoping out what most people don’t even want to become aware of. Take advantage of your temporary superpower! Use it to get a lucid grasp of the big picture—and cultivate a more intelligent approach than those who are focused on the small picture and the comfortable delusions.

VIRGO (Aug. 23-Sept. 22): “Look on every exit as being an entrance somewhere else,” wrote playwright Tom Stoppard. That’s ripe advice for you to meditate on during the coming weeks. You’re in a phase of your astrological cycle when every exit can indeed be an entrance somewhere else—but only if you believe in that possibility and are alert for it. So please dissolve your current assumptions about the current chapter of your life story so that you can be fully open to new possibilities that could become available.

LIBRA (Sept. 23-Oct. 22): “One must think with the body and the soul or not think at all,” wrote Libran author and historian Hannah Arendt. She implied that thinking only with the head may spawn monsters and demons. Mere conceptualization is arid and sterile if not interwoven with the wisdom of the soul and the body’s earthy intuitions. Ideas that are untempered by feelings and physical awareness can produce poor maps of reality. In accordance with astrological omens, I ask you to meditate on these empowering suggestions. Make sure that as you seek to understand what’s going on, you draw on all your different kinds of intelligence.

SCORPIO (Oct. 23-Nov. 21): “I always wanted to be commander-in-chief of my one-woman army,” says singer-songwriter Ani DiFranco. I think that goal is within sight for you, Scorpio. Your power over yourself has been increasing lately. Your ability to manage your own moods and create your own sweet spots and define your own fate is as robust as I have seen it in a while. What do you plan to do with your enhanced dominion? What special feats might you attempt? Are there any previously impossible accomplishments that may now be possible?

SAGITTARIUS (Nov. 22-Dec. 21): Your meditation for the coming weeks comes to you courtesy of author and naturalist Henry David Thoreau. “We can never have enough of nature,” he wrote. “We must be refreshed by the sight of inexhaustible vigor, vast and titanic features, the sea-coast with its wrecks, the wilderness with its living and its decaying trees, the thunder cloud, and the rain which lasts three weeks and produces freshets. We need to witness our own limits transgressed, and some life pasturing freely where we never wander.” Oh, how I hope you will heed Thoreau’s counsel, Sagittarius. You would really benefit from an extended healing session amidst natural wonders. Give yourself the deep pleasure of exploring what wildness means to you.

CAPRICORN (Dec. 22-Jan. 19): Author and activist bell hooks (who doesn’t capitalize her name) has taught classes at numerous American universities. She sometimes writes about her experiences there, as in the following passage. “My students tell me, ‘we don’t want to love! We’re tired of being loving!’ And I say to them, if you’re tired of being loving, then you haven’t really been loving, because when you are loving you have more strength.” I wanted you to know her thoughts, Capricorn, because I think you’re in a favorable position to demonstrate how correct she is: to dramatically boost your own strength through the invigorating power of your love.

AQUARIUS (Jan. 20-Feb. 18): Aquarian author Langston Hughes (1902–1967) was a pioneering and prolific African American author and activist who wrote in four different genres and was influential in boosting other Black writers. One of his big breaks as a young man came when he was working as a waiter at a banquet featuring the famous poet Vachel Lindsay. Hughes managed to leave three of his poems on Lindsay’s table. The great poet loved them and later lent his clout to boosting Hughes’ career. I suspect you might have an opening like that sometime soon, Aquarius—even if it won’t be quite as literal and hands-on. Be ready to take advantage. Cultivate every connection that may become available.

PISCES (Feb. 19-March 20): Author Faith Baldwin has renounced the “forgive and forget” policy. She writes, “I think one should forgive and remember. If you forgive and forget, you’re just driving what you remember into the subconscious; it stays there and festers. But to look upon what you remember and know you’ve forgiven is achievement.” That’s the approach I recommend for you right now, Pisces. Get the relief you need, yes: Forgive those who have trespassed against you. But also: Hold fast to the lessons you learned through those people so you won’t repeat them again later. ●

CROSSWORD by David Levinson Wilk

1	2	3		4	5	6	7	8	9		10	11	12	13
14				15							16			
17				18							19			
20					21					22				
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				28		29			30					
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50								51			52		53	54
55														
56								57		58		59		
60						61	62				63			
64						65						66		
67						68						69		

TRUTH HURTS

ANSWERS NEXT WEEK!

ACROSS

- 1. Eur. distance measures
- 4. Placed text, perhaps
- 10. Went from 1 to 10, say
- 14. Actress Vardalos
- 15. It has a top and a bottom with nothing in between
- 16. Pixar clown fish
- 17. Fact! He wrote “There is no sin except stupidity”
- 19. “Can this be true?”
- 20. Bench presser’s pride
- 21. Suffix for citrus drinks
- 22. Whac-_____ (carnival game)
- 23. Ice cream alternative, familiarly
- 25. Fact! This spider is named after the oval shape of its webs
- 28. Thus
- 30. Explorer Hernando
- 31. “Appear weak when you are strong, and strong when you are weak” writer
- 34. Commotion
- 35. Greek god with wings
- 37. _____ port
- 38. Fact! It’s a length of time equal to 604,800 seconds
- 41. Madagascar, par exemple
- 42. Heroin, slangily
- 44. They rank below capt.
- 45. Motley
- 47. Bobbing on the waves
- 49. Italian wine region
- 50. Fact! They were a series of historic conflicts that ended with 1842’s Treaty of Nanking
- 52. Go in
- 56. Coal country

workplaces

- 57. “Well, looky there!”
- 59. 12-time Pro Bowl linebacker Junior
- 60. Ever so slightly
- 61. 2019 #1 Lizzo hit suggested by the answer’s initials in 17-, 25-, 38- and 50-Across
- 64. “NBC Nightly News” anchor Lester
- 65. “Stranger Things” star Ryder
- 66. “Sprechen _____ Deutsch?”
- 67. “Let’s not forget ...”
- 68. “Presenting the next act ...”
- 69. UFO occupants

1920s crime

- 4. Hipster beer, for short
- 5. Japanese consumer electronics brand
- 6. Snowmobile brand
- 7. Flooring installer
- 8. “_____ of discussion!”
- 9. Conk out
- 10. Enliven
- 11. “Oh, stop moping!”
- 12. Nominee for the first two Nobel Prizes in Literature (1901-02)
- 13. Medicine dispenser
- 18. To date
- 22. _____ Lingus
- 24. Rice-shaped pasta
- 26. A following?
- 27. They may come calling
- 29. The Brady Bill, e.g.
- 31. Their, in Spanish
- 32. Image on the back of a \$50 bill
- 33. Annual June

sporting event

- 34. Reactions at a petting zoo
- 36. Line part: Abbr.
- 39. “_____ Is Betta Than Evvah!” (1976 album)
- 40. McKinnon of “SNL”
- 43. Transfixed by
- 46. Infomercial knife brand
- 48. Yogi’s sounds while meditating
- 49. He plays Steve in “Jobs”
- 50. City on the Missouri River
- 51. “Row, Row, Row Your Boat,” e.g.
- 53. To the point
- 54. First Top 40 hit for Weird Al Yankovic
- 55. Tricks
- 58. “What have I done?!”
- 61. Pan Am rival
- 62. _____ Tin Tin
- 63. Hem’s partner

LAST WEEK’S ANSWERS TO SCRABBLE

R	A	M	B	O		W	O	R	L	D		S	P	R	
A	R	L	E	N		A	P	N	E	A		U	R	E	
M	A	K	E	S	T	R	I	D	E	S		P	I	P	
P	B	J	S		O	H	O		K	A	R	E	N	O	
S	S	R		B	R	O	I	L		N	A	R	C	S	
				B	U	I	L	D	B	R	I	D	G	E	S
P	R	O	O	F		S	A	C				L	T	E	
R	E	S	T	F	U	L		R	A	P	D	U	O	S	
I	F	C		S	A	P			A	R	E	N	S		
C	R	A	F	T	B	R	E	W	E	R	Y				
E	A	R	T	H		P	R	I	S	M		E	Y	E	
C	I	N	D	E	R		L	I	A		E	X	E	D	
U	N	O		F	O	R	M	F	I	T	T	I	N	G	
T	E	D		B	A	H	A	I		H	A	S	T	A	
S	D	S		I	D	O	N	T		A	L	T	E	R	

www.sudoku.com

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VERY EASY #19

		2		6	5			
	1	3					7	4
	9			4	7		5	1
2		9		3				
3		4	8		6	1		9
				9		3		8
8	7		6	5			3	
	2	6				5	8	
			9	7		6		

Homework: What do you like best about yourself when you're comfortable? What do you like best about yourself when you feel challenged?

Opportunities

**AMERICAN STAR
PRIVATE SECURITY**

Is now hiring. Clean record.
Drivers license required.
Must own vehicle. Apply at
922 E Street, Suite A, Eureka
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DATA ENTRY CLERK

Main Duties & Responsibilities:

- Prepares data for entry by compiling and sorting information; establishing entry priorities.
- Processes customer, account and order documents by reviewing data for deficiencies; resolving discrepancies by using standard procedures or returning incomplete documents to the team leader for resolution.
- Enters customer, account and order data by using appropriate hardware and software to input information.
- Maintains data entry requirements by following data program techniques and procedures.
- Verifies entered customer, account and order data by reviewing, correcting, deleting, or reentering data; combining data from multiple systems when account information is incomplete; purging files to eliminate duplication of data.
- Maintains customer confidence and protects operations by keeping information confidential.
- Interacts with departmental and other staff on matters affecting data and makes recommendations for improvement or enhancement to job processes to ensure standards in data entry, collection and retrieval.
- Contributes to team effort by accomplishing related tasks as needed.
- Conform with and abide by all regulations, policies, work procedures and instructions.
- All other tasks as assigned by the company.

Knowledge, Skill & Experience:

- High School Diploma
- Data entry experience
- Strong typing ability
- Organized
- Detail oriented
- Thorough
- Ability to maintain confidentiality
- Reliable, respectful, and accountable
- Good communication and interpersonal skills
- Ability to multitask and prioritize duties
- Ability to function as a team player

How to Apply:

Apply online at www.foxfarm.com/careers
Drug screen required.



Northern California Indian Development
Council is excited to announce a new
Youth Substance Use Disorder (SUD)
Prevention program for 7th to 9th grade
Native American youth funded by
a grant from the Sierra Health
Foundation. We are recruiting for a
Youth SUDS Prevention Program
Coordinator in Eureka, CA.

JOB OPENINGS

**Youth SUD Program
Coordinator**

Full-time Exempt-Eureka, CA
\$60,000.00 per year

Closing Date: August 5, 2020

A job description, application and further
job announcement details for these positions
can be found at www.ncidc.org

Please submit completed applications,
resume and cover letter to: Lillian Strong
241 F Street, Eureka, CA 95501
l.strong@ncidc.org



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classified@northcoastjournal.com



The Hoopa Valley Tribe is
accepting applications to fill the
following vacant position:

POLICE OFFICER

Hoopa Tribal Police Department
Regular, F/T, Salary: \$25.63/hr

Performs a wide variety of peace officer duties
involving the protection of life and property,
enforcement of laws and Tribal Ordinances, criminal
investigation, crime prevention and suppression,
case preparation and testimony, and providing
information and assistance to the public.

Minimum Requirements: Must possess a High
School Diploma or GED. Must possess a Basic
Academy Certificate from a California P.O.S.T. approved
academy. Must possess and maintain firearms
qualifications. Must have a Valid CA Driver's License
and be insurable. Must successfully pass a Title 30A
Employment Background and a California Police Officer
Standards and Training (P.O.S.T.) background check.

DEADLINE: AUGUST 21, 2020

For job descriptions and employment applications,
contact the Human Resources/Insurance
Department, Hoopa Valley Tribe, P.O. Box 218,
Hoopa, CA 95546. Call (530) 625-9200 Ext. 20
or email hr2@hoopainsurance.com. The Tribe's
Alcohol & Drug Policy and TERO Ordinance Apply.



Dentist & Dental Assistant Position

Southern Trinity Health Services, Inc. (STHS) is a Federally Qualified Health Center that provides Dental, Medical and Behavioral Health services. STHS prides itself on satisfying patient needs, providing high quality general and specialty dental services, and offering patient comfort that is second to none. STHS believes in providing a positive professional experience so that your goals can be achieved.

Dentist

We have an outstanding Associate Opportunity for an experienced General Dentist to join us in our Scotia location, serving in this underserved area of Northern California and assist us in continuing to provide a strong commitment to long-term dental care for the whole family.

You will enjoy:

- Highly trained and dedicated staff to support you.
- No Day-to-Day headaches of Managing a Practice
- Guaranteed base salary, with additional performance incentives based on production.
- Well-established and growing patient base

Full Time Dentist Benefits Package:

- Company paid professional liability insurance
- Continuing education
- Medical Insurance
- Dental Plan
- Life Insurance
- Vision Insurance
- 401K retirement fund
- Short Term Disability (state provided)
- Eligible to apply for student loan repayment with the federal government
- 11 paid holidays, 5 sick days, earn up to 3 weeks paid vacation in the first year.

Dental Assistant

Dental Assistant (DA) opening in our Scotia and Weaverville, CA location. Southern Trinity Health Services, Inc, is looking for DA that is friendly & enjoys Dental Assisting. This will be a Full-Time position Monday – Friday.

Requirements:

- Minimum 1 year EXPERIENCE AS A DA a MUST!
- Ensure patients confidentiality by adhering to HIPPA policies.
- Able to take digital xrays
- Positive attitude
- Organized and self-starter
- Assists dentist with extractions, crown preparations, endo, and periodontal
- Must be able to make a great first impression- professional appearance and demeanor
- Detail oriented, enjoy working in an ever changing environment, and able to multi task
- Follows directions, being a Team Player is a must!!!
- Must have excellent communication skills (both verbal & written)
- Perform any other duties requested by management to ensure patient satisfaction

The organization provides excellent benefits, if interested please submit your cover letter and resume to hr@sthsclinic.org



SoHum Health is HIRING

Interested applicants are encouraged to visit and apply online at www.SHCHD.org or in person at 733 Cedar Street, Garberville (707) 923-3921

CURRENT JOB OPENINGS

NURSE MANAGER – EMERGENCY DEPT/ACUTE

Full Time Position. Critical Access Hospital; 4-bed Emergency room & 9-bed Acute care unit, seeking an ER/Acute Care Nurse Manager to provide leadership, administrative responsibility and oversight of the ER and Acute care departments. Current California RN license required. BSN, PALS, & ACLS required. Minimum 2 years ER experience required. Minimum 1 year Management Experience strongly preferred.

INFECTION PREVENTION / EMPLOYEE HEALTH

Full Time Position. Position includes, but is not limited to, infection monitoring and reporting, infection risk assessment and prevention, policy and procedure development, staff education, and outbreak management. Employee Health role includes new employee and annual health assessments, immunization programs, exposure management, and safe patient handling programs. Must be able to communicate clearly, verbally and in writing to interface with employees, medical staff, and state, local, and federal health departments and programs. BSN preferred. Certification in Infection Control (CIC) preferred, but willing to train the right candidate.

X-RAY/ CT RADIOLOGIC TECHNOLOGIST

Full Time Position. Performs exams utilizing the principles of ALARA. Current certification in Diagnostic Radiologic Technology (CRT), Current American Registry of Radiologic Technologist license (AART) in radiology and CT required. Current additional California certificate (Fluoroscopy not applicable) or AART license preferred. Valid California Venipuncture certificate required. Current BLS required. Minimum 1 year radiology experience performing a variety of musculoskeletal exams and trauma radiography experience strongly preferred. Prior experience working with EMR (electronic medical records) required. Satisfactory completion of an AMA approved program in Radiologic Technology required.

LVN – CLINIC & HOME VISITS

Full Time position, 8 or 10 hr. shifts, 4 or 5 days a week, Monday - Friday. Current California LVN license and BLS certification required. Work 8 or 10 -hour shifts in our outpatient Rural Health Clinic and at patient homes.

ER/ACUTE CARE REGISTERED NURSE

Full-Time, 12-hour shift, 3 days/week. Current California RN License, BLS, ACLS, & PALS certification required. Work 12-hour shifts in our critical access acute care & emergency room.

QUALITY SPECIALIST

Part-Time. High school diploma or equivalent, writing skills, knowledge of medical terminology. Work part-time in Quality Department in assistance to the Quality Manager.

ADMINISTRATIVE ASSISTANT

Full Time Position. The Position assists the Administrator by performing various assigned functions including executive duties requiring ability to work independently and to maintain compliance with regulatory and licensing agencies. Associate Degree preferred. Minimum five years secretarial experience required. Computer literacy required.

New hires qualify for benefits as soon as they begin employment!

SHCHD minimum wage start at \$15.50 per hour featuring an exceptional benefits package, including an employee discount program for services offered at SHCHD.



MINDFULNESS TIP - KEEPING A LOG/JOURNAL IS A GREAT WAY TO GIVE YOURSELF A FEW MINUTES FOR QUIET REFLECTION AND THE OPPORTUNITY TO BE HONEST WITH HOW YOU ARE DOING THE IMMEDIATE MOMENT. Come join our team as a Part-Time or On-Call case manager, recovery coach, nurse, cook, or housekeeper. AM/PM/NOC shifts. Incredible opportunities to get psych training and experience, as well as get your foot into our 20-facility California wide organization. FT&PT (& benefits) available with experience.

Apply at: 2370 Buhne Street, Eureka
707-442-5721



The Hoopa Valley Tribe is accepting applications to fill the following vacant position:

SERGEANT

Hoopa Tribal Police Department
Regular, F/T, Salary: \$32.50/hr.

Under general supervision of the Chief of Police or his authorized designee shall perform a wide variety of peace officer duties involving the protection of life and property; enforcement of applicable laws and ordinances of the Hoopa Valley Tribe, as authorized. Duties shall include planning, directing, supervising, assigning, reviewing, and participating in the work of the Police Department staff involved in traffic and field patrol; such as investigations, crime prevention, community relations, and related services and activities.

Minimum Qualifications: Must have High School Diploma or GED; three (3) years of related experience and/or training. Must possess a valid P.O.S.T Law Enforcement Academy or Indian Police Academy Certificate. Must possess a P.O.S.T. Intermediate Certification or completion of a P.O.S.T Supervisory Course; OR able to obtain within 1 year of hire. Must pass a full law enforcement background investigation in compliance with P.O.S.T. Standards and/or as required by the Federal Police Officer Standard; 25 C.F.R. 12 Indian Country Law Enforcement, 18 U.S.C. 922, Gun Control Act, Executive Order 12968, Adjudicative Guideline, Public Law 101-630; Indian Child Protection and Family Violence Prevention Act, 25 C.F.R. 63 – Implementation of Public Law 101-630, Crime Control Act – Subchapter V-Child Care Worker, Employee Background Checks; Public Law 101-647, which shall include a criminal history check, including fingerprints. Must possess valid CPR/First Aid Certificates. Must possess a Valid CA Driver's License and insurable. This position is classified as safety-sensitive.

DEADLINE: AUGUST 21, 2020

For job descriptions and employment applications, contact the Human Resources/Insurance Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 20 or email hr2@hoopainsurance.com. The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.

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Miscellaneous



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SHOWERS PASS – LAND/PROPERTY - \$295,000

±40 Remote acres featuring springs, meadows, timber, undeveloped building sites. Great retreat spot!

ARCATA – COMMERCIAL INVESTMENT - \$599,000

Commercial building on a high visibility corner just blocks from the Arcata Plaza! Two buildings, 10 dedicated parking spaces, and tenants are in place.



SALYER – LAND/PROPERTY - \$499,000

Beautiful ±50 acre property on the south fork of the Trinity River! Features easy access, a developed spring, and power.

FORTUNA – LAND/PROPERTY - \$999,000

±24 Acres overlooking the Eel River with development/subdivision potential! Property has public utility access and owner may carry.



McCANN – HOME ON ACREAGE - \$569,000

One of a kind ±136 acre parcel on the Eel River! Property features power, river access, a 3/2 mobile home, and a 2/1 home in need of repair.

WEAVERVILLE – LAND/PROPERTY - \$109,000

±40 Acres close to Weaverville with beautiful views just waiting for you! Property features power close by and buildable flats.



SALMON CREEK – HOME ON ACREAGE - \$749,000

±120 acres w/ three cabins nestled in the hills of Salmon Creek w/orchards, water sources, solar, and much more!

REDWOOD VALLEY – LAND/PROPERTY - \$250,000

±39 Acres with good access, buildable flats, 3 acre conversion, lots of water, harvestable timber, firewood, wildlife, and views galore.



MAD RIVER – LAND/PROPERTY - \$329,000

±55 Acres in Humboldt near the County line. Property features a small cabin, barn, year round spring, meadows, and oak woodlands. Elevation at approximately 4,000'.

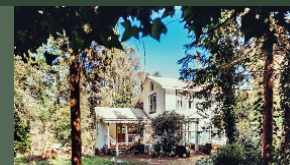


DOUGLAS CITY – HOME ON ACREAGE - \$355,000

±124 Acres overlooking Reading Creek! Easy access, year round creek (with fish), and an unfinished 3/2 house!

HAWKINS BAR – MULTI UNITS - \$989,000

±3.89 Acres in Hawkins Bar with 4 homes, 2 ADA bathrooms, RV hook-ups, Hwy 299 frontage, and so much more! Property is a must see!

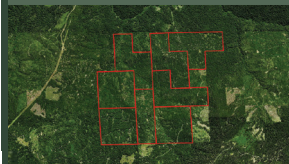


3561 IOWA STREET, EUREKA - \$260,000

Fully fenced corner lot in Eureka with 4 bedrooms, 1.5 bathrooms, carport, a detached garage, and alley access!

BIG BAR – LAND/PROPERTY - \$60,000

±1.2 Acre parcel in Big Bar waiting for your dream home! With septic and power already in place, this parcel is ready to build.



HORSE MOUNTAIN – LAND/PROPERTY - \$2,500,000

8 Remote patent parcels totaling ±1,279 ac off USFS 1 appx 18 miles from Berry Summit. Owner will carry.

WILLOW CREEK – HOME ON ACREAGE - \$1,150,000

Stunning ±4.5 acre river front property just minutes from Downtown Willow Creek! Parcel features a grand main 2/3 home, secondary 2/1 home, pool, outdoor kitchen, outbuildings, orchard, and trail to the river!



WILLOW CREEK – HOME ON ACREAGE - \$328,500

±.45 Acres with 3/2 home in sunny Willow Creek! Property features redwood decks, on-demand water, and detached garage with guest room!

476 SUNSET LANE, WILLOW CREEK - \$210,000

Charming 2+ bed/2 bath mfg home in the Bigfoot Subdivision in Willow Creek! Features a mud/laundry room area, large step-in pantry, and beautiful views!



BIG BAR – HOME ON ACREAGE - \$269,000

Bright and sunny 2/2 home on ±1.5 acres with a large metal building, additional workshop, and nice covered deck to enjoy the beautiful mountain views.

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